

**Northside independent School District  
San Antonio, Texas 78238**

**Regular Meeting of the School Health Advisory Council**

**April 19, 2012  
5900 Evers Rd.  
6:30 PM**

**Meeting Minutes**

- **Call Meeting to Order – Suzanne Levan, Chair**
  - Members Present  
Bryce Chatland, Alice Fiedler, Helen Hunt, Jennifer Krueger, Suzanne Levan, Lydia Martinez, Carol Pett, Jackie Reyes, Christy Rupp, Rudy Sanchez, Nicole Townsley, Monica Turnbow, Thomas Wherry, Linda Seewald
  
- **Invocation and Pledge of Allegiance – Rudy Sanchez**
- **Chair's Report**
  - Approve Minutes from February 16, 2012
    - February minutes were approved
  - What's on Your Mind Share Session
- **Presentation**
  - Donna Smith, President of the Northside ISD Council of PTAs
    - Mrs. Smith provided an overview of the Healthy Lifestyles Initiative that the Northside PTAs will be focusing on the coming school year. The Fit Kids Collaborative is a project that is being sponsored at the state level to address advocacy of healthy lifestyles, childhood obesity, family and community involvement, health education, nutrition, physical fitness, staff wellness and student health and academic achievement. Local PTAs will be asked to add the Health Lifestyles to school committees. Training will be provided during the summer.
  - The SHAC discussed the possibility of asking a representative from the Northside Council of PTA to serve as a member/advisor to the council.
  
- **District Facilitator Report – Linda Seewald**
  - Mayor's Fitness Council – Student Ambassador Council
  - Mayor's Fitness Council – Healthy Schools Summit, January 2013
  - Safe Route to Schools Grant Update
  - Healthy, Hunger – Free Kids Act of 2010 – Local Wellness Policy Revisions
  - Healthy Futures Alliance
  
- **Committee Chair's Report**
  - Sexuality Education – Rudy Sanchez  
Members of the Sexuality Education Committee presented to the Academics Committee of the Board on March 22, 2012. The Academics Committee agreed to further review new sexuality education options for the District and found the work of the SHAC to be valuable in bring increased awareness of evidence-based programs available.
- **Unfinished Business**
  - None

➤ **New Business**

- Mayor's Fitness Council Student Ambassadors  
Information was presented on the request by the City to have the schools invite students in grades 5<sup>th</sup> – 12<sup>th</sup> to apply as Student Ambassadors for the 2012-2013 school year.

➤ **Announcements**

- Next meeting May 17, 2012 at Brennan High School Cafeteria.