

**Northside Independent School District  
San Antonio, Texas 78238**

**Regular Meeting of the School Health Advisory Council  
October 20, 2011 – Central Office Board Room  
5900 Evers Road  
6:30 PM**

**Meeting Minutes**

- I. Call Meeting to Order – Suzanne Levan, Chair**
  - a. Members Present:** Terry Casey, Bryce Chatland, Lisa Delgado, Alice Fiedler, Deborah Healy, Suzanne Levan, Lydia Martinez, Michele Maxwell, Sandra Nieto, Carol Pett, Jackie Reyes, Christy Rupp, Rudy Sanchez, Linda Seewald, Jeff Stivors, Cynthia Thomas, Nicole Townsley, Monica Turnbo, Jeannie Von Stultz, Thomas Wherry
  
- II. Invocation and Pledge of Allegiance – Bryce Chatland**
  
- III. Chair’s Report**
  - a. Committee meeting dates have been set (see below). Meetings will occur at the NISD Student Services building. Specific meeting times will be established by the Committee chair.
    - November 3, 2011
    - January 5, 2012
    - February 2, 2012
    - April 5, 2012
    - May 3, 2012
  - b. Minutes from the September 15, 2011 meeting were approved.
  - c. “What’s on your Mind” started tonight.
    - a. This is an opportunity for SHAC members to be able to suggest topics for the Council to address or learn more about.
    - b. Council members can provide these suggestions by submitting their thoughts via index cards or through open discussion during the Council meeting.
  
- IV. Presentation – Rudy Sanchez, Lisa Delgado, Jeffery Stivors, Linda Seewald**
  - a. NISD Staff presented information regarding Texas Campaign to Prevent Teen Pregnancy Conference.
  - b. Provided definition to Council regarding how to define evidence-based programs
    - i. Evidence-based programs are those programs that are rigorously tested utilizing random samples
  - c. National Teen Sex Statistics
    - i. 10,000/day contract STD
    - ii. 2,000/day become pregnant
    - iii. 25/day contract HIV

- d. Linda noted that the lead agency (Freedom Foundation) does not promote a particular sex education program but does not support “Abstinence-only” programs. They emphasized:
  - i. Importance of parent education/parent involvement
  - ii. Evidence-based programs
  - iii. Access to contraceptives

**V. District Facilitator Report**

- a. Step Out: Walk for Diabetes – November 5, 2011
  - a. Linda provided update regarding the walk. It appears that NISD will exceed all goals in regards to fundraising and participation.
  - b. NISD’s participation will result in an increase of participants of over 100% compared to last year’s walk
- b. Alliance for a Healthier Generation
  - a. NISD has had meetings with the Alliance to determine whether involvement with this alliance would be beneficial to the district
  - b. Alliance membership would involve a commitment of 25 schools.
  - c. Currently NISD is focused on complying with USDA and Texas Department of Agriculture standards. There is also still pending interpretation regarding the Healthy Child Act 2010.
  - d. The expectations outlined in the agreement with the Alliance are quite extensive and span across changes to curriculum, changes to the distribution of food (including cafeteria and concessions both during and after school hours), changes to fund raising activities, etc.
  - e. Given the extent of changes, the time requirement of staff, and the number of schools that are required to participate, it was proposed that perhaps NISD could phase in some of the changes suggested by the Alliance with the understanding that such a “phase in” would not allow the district to be a member of the Alliance
  - f. NISD will be reviewing components of the Alliance standards along with the Healthier US Challenge standards to determine next steps.
    - i. NISD staff will target nutrition curriculum within the elementary school setting and present information regarding this at a future meeting

**VI. Committee Chair s’ Report**

- a. Health School Report – Dr. Jeannie Von Stultz
  - i. Nothing to report
- b. Sexuality Education – Rudy Sanchez
  - i. Nothing to report
- c. Student Recruitment – Bryce Chatland
  - i. Met with district administration and developed next steps
  - ii. Will meet with school administrators/staff regarding obtaining feedback and identifying potential students for the 2012-13 Council year.
  - iii. Noted the benefit of identifying students for this council year in order to obtain their feedback regarding the sexuality curriculum
  - iv. It was determined that it will take time to first identify potential student members and train the student members as a result, they probably won’t begin participation til 2012-2013.

**VII. Unfinished Business**

- a. "How to Talk to Kids About Sex" – Suzanne Levan, Linda Seewald
  - a. Given the upcoming focus on reviewing and identifying sex education programs within the district, it was proposed that we table the parent support initiative.
  - b. The Council will also work to identify sex education curriculum that has a strong parent component.

**VIII. New Business**

- a. Replace Choosing the Best Path Curriculum (8<sup>th</sup>) grade and Sexuality and Responsibility (High School Health) during the 2011-2012 school year.
  - i. NISD requested that the "Choosing the Best Path" vendor provide information to confirm that the curriculum is "evidence-based". This information has not been provided to the district.
  - ii. As a result, the Council agreed to focus this year on identifying/recommending sexual education curriculum and where/how that curriculum will be implemented.
- b. Council discussed and emphasized that the district must be proactive in regards to reducing the teen pregnancy.
- c. It was noted that this Council must work urgently/efficiently to identify curriculums because District budget begins to be finalized in January.
- d. It was determined that the Sexuality Education Committee will be the preliminary review team
  - i. A timeline was presented to the Council.
  - ii. This timeline requires that information will be presented to the Academics Committee in January
  - iii. A recommendation will go before the Academics Committee in late February
  - iv. A recommendation will go before the District Board in April
- e. The Committee needs to be of manageable size to facilitate efficiency
  - i. List of potential committee members was distributed
- f. Questions were asked
  - i. Where/what funding is available for the curriculum
    - 1. Most curriculum is of manageable cost.
- g. Council again emphasized the importance of parent involvement and how to support parents in talking to their children.

**IX. Members' and Advisors' Reports**

- a. Bullying Prevention – Dr. Jeannie Von Stultz
  - i. An interest was expressed regarding what the SHAC could do to support/assist in preventing bullying
  - ii. It was suggested that the SHAC be provided information on what is currently being done within the district to prevent bullying
  - iii. Given scheduling, Dr. Healy will present in January/February.
- b. Grissom Road Contamination Site – Terry Casey
  - i. Provided update regarding ground water contamination in the Leon Valley area due to dry cleaning pollution

- ii. Recent water sampling in Jan-Mar 2011 found no contamination.
- iii. Public comment period has closed. No news to report in regards to those comments
- iv. Cost of cleanup was raised to \$10 million
- v. Contamination level initially appeared to have dropped but that may be due to drought
- vi. Questions were asked regarding health impact
  - 1. Health effects were studied.
  - 2. Has no heard of any identified health effects on population
- c. Hazardous Waste Pickup
- d. Texas School Health Association
  - i. Announced upcoming conference
    - 1. Major agency commissioners will be present – TEA, DSHS
  - ii. January 27<sup>th</sup>/28<sup>th</sup> @ Omni downtown
  - iii. For information about becoming a member and the conference
    - 1. [www.txschoolhealth.org](http://www.txschoolhealth.org)