



Bird Feeders

We know that teaching children to think of others (and show kindness and compassion) has a positive effect on who they become as a person. That is why something as simple as giving your child the task of making, or filling, bird feeders is a great start for teaching them to think of others in need. This is an act of kindness that can last year round, but I listed it as a winter activity when food and water might be at its most scarce. Be sure to place the feeders where they can be watched from a window in your house. Sites like Pinterest are great places to find bird feeders to make, or just google “making bird feeders”. In a world that is often busy and hectic it can be important to show our children healthy ways to slow down and feel peaceful. Seeing children happily watching birds (and funny squirrels) visit the feeder they made/filled is pretty wonderful!

Have fun and enjoy!

~A Northside ISD Military Wife

<http://nisd.net/militaryfamilies/activities-military-children>

