Northside Adult & Community Education

September - December / 2019

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Fall Class Catalog

Northside Independent School District • Adult & Community Education • San Antonio, Texas
WHO WE ARE...

The Adult & Community Education (ACE) Department was established in 1984 by the late Dr. Martha Mead who had a vision to open our schools and District facilities to the entire community and provide educational opportunities for everyone. It continues to be our goal to offer something for everyone, be it school readiness, after school enrichment, college and workforce readiness, or learning for the sake of learning. We are committed to continuous improvement, quality programming, exceptional customer service, resourcefulness and lifelong learning.

CLASS LOCATIONS

SERVING & GROWING COMMUNITIES!

NORTHSIDE LEARNING CENTER
(NLC)

<table>
<thead>
<tr>
<th>School</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Brauchle</td>
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<tr>
<td>Braun Station</td>
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<td>Carnahan</td>
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<td>Cody</td>
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<td>Driggers</td>
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<td>Ellison</td>
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<td>Hoffmann</td>
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<td>Kuentz</td>
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<td>Lewis</td>
<td>1000 Seascape</td>
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<td>Mead</td>
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<td>McDermott</td>
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<td>Rhodes</td>
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<td>Wanke</td>
<td>10419 Old Prue Rd</td>
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<tr>
<td>Westwood Terrace</td>
<td>2315 Hackamore Ln</td>
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HIGH SCHOOLS

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<tr>
<td>Brandeis</td>
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<td>O’Connor</td>
<td>12221 Leslie Rd</td>
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<td>Warren</td>
<td>9411 Military Dr W</td>
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DISTRICT SITES

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<th>Site</th>
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<tr>
<td>Annemarie Tennis Center</td>
<td>7001 Culebra Rd</td>
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<tr>
<td>George Block Aquatics Ctr</td>
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<td>Northside Activity Center</td>
<td>7001 Culebra Rd</td>
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<td>Northside Learning Center</td>
<td>6632 Bandera Rd</td>
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<tr>
<td>Northside Swim Center</td>
<td>8400 N Loop 1604 W.</td>
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<tr>
<td>NISD Tennis Center</td>
<td>12045 Leslie Rd</td>
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<tr>
<td>NISD Sports Complex</td>
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COMMUNITY PARTNER SITES

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<th>Site</th>
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<tr>
<td>Abby’s Attic Sewing Studio</td>
<td>9815 Culebra Rd</td>
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<td>Acequia Rec Center</td>
<td>8310 Mission Pkwy</td>
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<td>DC Martial Arts</td>
<td>7723 Guilbeau #101</td>
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<td>Eisenhower Park</td>
<td>19399 NW Military Hwy</td>
<td>78257</td>
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<tr>
<td>King William Location</td>
<td>100 E. Guenther St</td>
<td>78204</td>
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<tr>
<td>NEISD Community Learning Ctr</td>
<td>8750 Tesoro Dr</td>
<td>78217</td>
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<tr>
<td>Office of Dr. I. Loev</td>
<td>7300 Blanco Rd #201</td>
<td>78216</td>
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<td>SA Phoenix Fencers’ Club</td>
<td>2818 Thousand Oaks</td>
<td>78232</td>
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<tr>
<td>Shaolin West SA</td>
<td>7950 Mainland #103</td>
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<td>SMASH Dance Studio</td>
<td>6883 Bandera Rd</td>
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<td>Stained Glass Workbench</td>
<td>7515 Eckhart Rd</td>
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<td>2165 NW Military Hwy</td>
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<td>Texas Strings</td>
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<td>Texas Tang Soo Do San Antonio</td>
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WE. ARE. ACE!
DANCE & CHEER

DISTINCT DANCE (AGES 4 & UP) YDAN101
This program is geared toward children ages 4-16 who love to dance! Students will be introduced to various dance forms—team, hip-hop, jazz. The class will emphasize flexibility, stamina, and coordination. Dance patterns, steps, and choreographed routines will be taught. Students will have the opportunity to perform in Parades, San Antonio Spurs game, Rampage Games, and Mission baseball games. Optional Dance uniforms are available in classes, and registration is open throughout the semester.

Instructor | O. Henderson
Tuition | $10/session
W 15 sessions | 6:30—7:30PM
9/4 Myers ES Gym
Th 14 sessions | 6:30—7:15PM
9/5 Rhodes ES Gym
Th 14 sessions | 7:15—8:15PM
9/5 Colonies North ES Gym
M | 14 sessions | 7:15—8:15PM
9/9 Martin ES Gym

*For registration info please call 210-310-0216 or email dysteam@yahoo.com. Registration fee $30; Cost $10 per class. You may pay weekly, and you only pay for the classes you attend.

YOUTH ARTS & CULTURE

TINY DANCERS (AGES 3-5) YDAN127
Children learn the foundation of ballet, music timing, focus, & coordination while also learning fun dance choreographies.

Instructor | SMASH Dance
Tuition | $35
M | 5 session | 2:15—2:50PM
9/9 SMASH Dance Studio
10/14 SMASH Dance Studio

TINY BALLET (AGES 3-5) YDAN116
Join us in learning age-appropriate ballet, including technique, positions and full ballet routines with multiple performance opportunities!

Instructor | Texas Cheer
Tuition | $44.95
W | 15 sessions | 6:15—8:45PM
9/4 NLC / Bldg. C - C101

TINY CHEER (AGES 3-5) YDAN109
Join us in learning an age-appropriate full cheer and dance routine with multiple performance opportunities!

Instructor | Texas Cheer
Tuition | $44.95
F | 15 sessions | 6:15—8:45PM
9/6 NLC / Bldg. C - C101

TINY CHEERLEADING (AGES 5-12) YDAN115
This is a FUN performance based year round Cheerleading class. You will learn cheers, choreographed dances, cheer stunts and full performance routines.

Instructor | Texas Cheer
Tuition | $44.95
Tu | 15 sessions | 6:15—8:45PM
9/3 Lewis ES Gym
W | 15 sessions | 6:15—8:45PM
9/4 Brauchle ES Gym
Th | 15 sessions | 6:15—8:45PM
9/5 Hoffmann ES Gym
F | 15 sessions | 6:15—8:45PM
9/6 Wanke ES Gym

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This program is geared toward children ages 4-16 who love to dance! Students will be introduced to various dance forms—team, hip-hop, jazz. The class will emphasize flexibility, stamina, and coordination. Dance patterns, steps, and choreographed routines will be taught. Students will have the opportunity to perform in Parades, San Antonio Spurs game, Rampage Games, and Mission baseball games. Optional Dance uniforms are available in classes, and registration is open throughout the semester.

Instructor | O. Henderson
Tuition | $10/session
W 15 sessions | 6:30—7:30PM
9/4 Myers ES Gym
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9/5 Colonies North ES Gym
M | 14 sessions | 7:15—8:15PM
9/9 Martin ES Gym

*For registration info please call 210-310-0216 or email dysteam@yahoo.com. Registration fee $30; Cost $10 per class. You may pay weekly, and you only pay for the classes you attend.

KIDS HIP HOP JR. (AGES 6-9) YDAN134
A fun way for kids to pick up the latest hip hop moves while learning focus and coordination. The instructor will go over combinations, drills, and basic choreographies.

Instructor | SMASH Dance
Tuition | $46
Sa | 5 sessions | 10—10:50AM
9/14 SMASH Dance Studio
10/19 SMASH Dance Studio

KIDS HIP HOP SR. (AGES 10-15) YDAN135
A fun way for kids to pick up the latest hip hop moves while learning focus and coordination. The instructor will go over combinations, drills, and basic choreographies.

Instructor | SMASH Dance
Tuition | $46
Sa | 5 sessions | 1—1:50PM
9/14 SMASH Dance Studio
10/19 SMASH Dance Studio

KIDS HIP HOP SR. (AGES 10-15) YDAN135
A fun way for kids to pick up the latest hip hop moves while learning focus and coordination. The instructor will go over combinations, drills, and basic choreographies.

Instructor | SMASH Dance
Tuition | $46
Sa | 5 sessions | 1—1:50PM
9/14 SMASH Dance Studio
10/19 SMASH Dance Studio

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This program is geared toward children ages 4-16 who love to dance! Students will be introduced to various dance forms—team, hip-hop, jazz. The class will emphasize flexibility, stamina, and coordination. Dance patterns, steps, and choreographed routines will be taught. Students will have the opportunity to perform in Parades, San Antonio Spurs game, Rampage Games, and Mission baseball games. Optional Dance uniforms are available in classes, and registration is open throughout the semester.

Instructor | O. Henderson
Tuition | $10/session
W 15 sessions | 6:30—7:30PM
9/4 Myers ES Gym
Th 14 sessions | 6:30—7:15PM
9/5 Rhodes ES Gym
Th 14 sessions | 7:15—8:15PM
9/5 Colonies North ES Gym
M | 14 sessions | 7:15—8:15PM
9/9 Martin ES Gym

*For registration info please call 210-310-0216 or email dysteam@yahoo.com. Registration fee $30; Cost $10 per class. You may pay weekly, and you only pay for the classes you attend.

TINY DANCERS (AGES 3-5) YDAN127
Children learn the foundation of ballet, music timing, focus, & coordination while also learning fun dance choreographies.

Instructor | SMASH Dance
Tuition | $35
M | 5 session | 2:15—2:50PM
9/9 SMASH Dance Studio
10/14 SMASH Dance Studio

TINY BALLET (AGES 3-5) YDAN116
Join us in learning age-appropriate ballet, including technique, positions and full ballet routines with multiple performance opportunities!

Instructor | Texas Cheer
Tuition | $44.95
W | 15 sessions | 6:15—8:45PM
9/4 NLC / Bldg. C - C101

TINY CHEER (AGES 3-5) YDAN109
Join us in learning an age-appropriate full cheer and dance routine with multiple performance opportunities!

Instructor | Texas Cheer
Tuition | $44.95
F | 15 sessions | 6:15—8:45PM
9/6 NLC / Bldg. C - C101

TINY CHEERLEADING (AGES 5-12) YDAN115
This is a FUN performance based year round Cheerleading class. You will learn cheers, choreographed dances, cheer stunts and full performance routines.

Instructor | Texas Cheer
Tuition | $44.95
Tu | 15 sessions | 6:15—8:45PM
9/3 Lewis ES Gym
W | 15 sessions | 6:15—8:45PM
9/4 Brauchle ES Gym
Th | 15 sessions | 6:15—8:45PM
9/5 Hoffmann ES Gym
F | 15 sessions | 6:15—8:45PM
9/6 Wanke ES Gym

URBAN HIP HOP DANCE (AGES 5-12) YDAN114
This is a Fun, performance based year round hip hop dance class. You will learn choreographed dances, hip hop moves and stunts, and full performance routines.

Instructor | Texas Cheer
Tuition | $44.95
M | 14 sessions | 6:15—8:45PM
9/9 Murnin ES Gym

*Multiple performance opportunities are available throughout the year at venues such as: Arneson River Theater on the Riverwalk, the Christmas Extravaganza, Fiesta Kick-off performances, and Athletic performances with St. Mary’s University, UTSA and/or the SPURS! This is an ongoing class with a monthly tuition of $44.95.

The Northside Learning Tree After School Enrichment Program is seeking outgoing, energetic, and position role models to fill approximately 100 part-time Youth Leader Instructor positions.

For more information, please contact Mr. Mel Lehman, Staffing Specialist, at 210-397-8967
KINDER “DANCE WITH ME®”
(AGES 18-30 MOS)  YDAN111
Calling all little movers and their favorite adult! Dance & move in this cute upbeat class filled with interactive songs and props! Developing milestones through dance and motor activities while nurturing the bond between caregiver and child. The instructor guides and dances along with everyone while facilitating the exploration and progression of motor development through play. Great class preparing a child for independent classes. Ages 18 months - 30 months with an adult participant.

Instructor | Kinder Dance
Tuition | $40
M | 4 sessions | 9:30—10:00AM
9/2 | NLC / Bldg. C - C101
10/7 | NLC / Bldg. C - C101
11/4 | NLC / Bldg. C - C101
12/2 | NLC / Bldg. C - C101

KINDERTOTS® (AGES 2-3)  YDAN113
Two-year-old children LOVE to explore. Such freedom allows for a variety of physical activities. Kindertots® allows a two-year-old’s natural curiosity to flourish in a multitude of ways with an emphasis on movement exploration. Developing gross motor skills, movement creativity, physical development, and body awareness while learning numbers, colors, shapes, and songs. Ages 2-3 yrs, independent child class-no adults.

Instructor | Kinder Dance
Tuition | $40
M | 4 sessions | 10:30—11:00AM
9/9 | NLC / Bldg. C - C101
10/7 | NLC / Bldg. C - C101
11/4 | NLC / Bldg. C - C101
12/2 | NLC / Bldg. C - C101

KINDERDANCE® BALLET, TAP, AND CREATIVE MOVEMENT
(AGES 3-5 YRS)  YDAN112
Parents will love how Kinderdance® teaches the basics of Ballet, Tap, and Creative Movement while blending educational concepts. Kinderdance uses only age-appropriate music and provides children with the opportunity to be creative, express themselves through movement, and learn the foundations of Ballet and Tap. Children develop & build strong muscles, social skills, self-confidence and self-esteem in this FUN learning environment.

Instructor | Kinder Dance
Tuition | $47
M | 4 sessions | 11:30AM—12:15PM
9/9 | NLC / Bldg. C - C101
10/7 | NLC / Bldg. C - C101
11/4 | NLC / Bldg. C - C101
12/2 | NLC / Bldg. C - C101

SEWING

HAND SEWING FOR LITTLE HANDS
(AGES 4-7)  YSEW105
Children ages 4-7 learn to sew simple projects by hand! Your child will learn how to sew fabrics together, sew buttons and hand embroider, to create simple projects from the heart. Projects will vary. All materials are included.

Instructor | Abby’s Attic Sewing
Tuition | $30
M | 1 session | 10:30—11:30AM
9/9 | Abby’s Attic Studio
10/28 | Abby’s Attic Studio

SATURDAY SEWING FOR KIDS
(AGES 9-12)  YSEW106
Saturday Sewing for Kids is a beginner sewing class. Kids learn how to safely and properly use a sewing machine while making fun and practical projects. All materials are included and ages 9 and up are welcome! No sewing experience is needed. Participants will be shown everything they need to complete a cute project. A cash materials fee of $10 is payable to the instructor at the beginning of class.

Instructor | Abby’s Attic Sewing
Tuition | $49
Sa | 1 session | 12:30—3:30PM
9/14 | Abby’s Attic Studio
10/12 | Abby’s Attic Studio
11/16 | Abby’s Attic Studio
12/14 | Abby’s Attic Studio

NISD Adult & Community Education Catalog  |  FALL 2019  |  (210) 397 - 8100  |  www.nisd.net/ace

AROUND THE WORLD
PERCUSSION (AGES 7-12)  YMUS125
Whether you want your student to enhance their skills, learn some new and fun rhythmic patterns, or just rock out, this class is a perfect fit! Experience world percussion instruments, like djembe, bongos, cajons, buffalo drums, and more. A $15 cash supply fee is payable to the instructor at the beginning of class.

Instructor | For The Love of Drums
Tuition | $39
Sa | 1 session | 10:00—12:00PM
10/5 | NLC / Bldg. F - 101
Sa | 1 session | 1:00—3:00PM
10/19 | NLC / Bldg. F - 101

YOUTH COOKING

HOLIDAY CANDY AND COOKIES!
(AGES 10-15)  YKIT139
It’s a magical time of year for baking delicious holiday treats. Students will learn to bake their own holiday cookies and candy treats, like chocolate clusters and holiday bark from scratch. Each student will leave with a box of holiday treats that they created and recipes to share with the entire family! A cash supply fee of $15 is payable to the instructor on the first day of class which includes take-home treats and recipe book.

Instructor | H.E. Activities
Tuition | $25
Sa | 1 session | 1—4PM
12/14 | NLC / Bldg. C - C103

HOLIDAY CANDY AND COOKIES!
(AGES 5-9)  YKIT138
It’s a magical time of year for baking delicious holiday treats. Students will decorate their own pre-made holiday cookies and make holiday candy treats, like reindeer pops and holiday bark from scratch. Each student will leave with a box of holiday treats that they created and recipes to share with the entire family! A cash supply fee of $15 is payable to the instructor on the first day of class which includes take-home treats and recipe book.

Instructor | H.E. Activities
Tuition | $25
Sa | 1 session | 9AM—12PM
12/14 | NLC / Bldg. C - C103

To register, please contact KinderDance at (210) 680-5964 or visit www.KinderDanceAlamoCity.com.
LEARN TO MAKE PIZZA & PIZZA ROLLS! (AGES 5-10) YKIT137
Students will learn how to make their own pizza dough from scratch. Starting with homemade dough and finish with toppings of their choice, students will make a pizza and pizza rolls. Students will practice basic baking techniques like proper measuring and mixing techniques. Each student will leave with a boxed pizza, pizza rolls, and a recipe book to make them again and again at home! A cash supply fee of $15 is payable to the instructor on the first day of class includes take-home dishes and recipe book.

INSTRUCTOR | H.E. Activities
---|---
F | 1 session | 10AM—12PM
9/14 | NLC / Bldg. C - C103

HOMESCHOOL PROGRAMS

CHESS: OPEN PLAY! (AGES 7+) YHSPI02
Come and play chess with other homeschoolers. This event is open to all homeschoolers ages 5-18 of all abilities. Bring a board or play on one supplied by us. Other board games welcome. This is not a drop off event (parents must stay on campus). Free but registration is required.

INSTRUCTOR | H.E. Activities
---|---
F | 1 session | 12:30—2PM
9/13 | NLC / Bldg. C - C101
9/27 | NLC / Bldg. C - C101
10/11 | NLC / Bldg. C - C101
10/25 | NLC / Bldg. C - C101
11/8 | NLC / Bldg. C - C101
12/6 | NLC / Bldg. C - C101
12/13 | NLC / Bldg. C - C112

LEARN TO MAKE PIZZA, CALZONES AND PIZZA ROLLS! (AGES 11-16) YKIT127
Students will learn how to make their own pizza dough from scratch. Starting with homemade dough and finish with toppings of their choice, students will make a pizza, calzones and pizza rolls. Students will practice basic baking techniques like proper measuring and mixing techniques. Each student will leave with a boxed pizza, pizza rolls or calzones, and a recipe book to make them again and again at home! A cash supply fee of $15 is payable to the instructor on the first day of class which includes take-home dishes and recipe book.

INSTRUCTOR | H.E. Activities
---|---
F | 1 session | 10AM—12PM
9/14 | NLC / Bldg. C - C103

HOMESCHOOL GROSS SCIENCE LAB: EYE DISSECTION (AGES 11-16) YHS114
Homeschoolers will conduct age-appropriate science experiments, exploring the fun side of science. We will learn about the human eye while dissecting an animal eye and learn how it is like a human eye. A $15 cash material fee due to instructor at beginning of class.

INSTRUCTOR | H.E. Activities
---|---
F | 1 session | 10:30—11:30AM
10/11 | NLC / Bldg. C - C112

HOMESCHOOL SCIENCE LAB: INCREDIBLE EXPLOSIONS HOMESCHOOL SCIENCE LAB (AGES 10-15) YHS127
Let’s make things go boom! Homeschoolers will conduct age-appropriate science experiments, exploring the fun side of science. We will use the Scientific Method to create explosions, combining physical and chemical elements. Students will learn about various energies, their properties and more! No prior knowledge of the scientific method is necessary. A $5 cash material fee due to instructor at beginning of class.

INSTRUCTOR | H.E. Activities
---|---
F | 1 session | 10:30AM—12:30PM
12/3 | NLC / Bldg. C - C101

HOMESCHOOL SCIENCE LAB: GROSS SCIENCE! (AGES 5-10) YHS113
Homeschoolers will conduct age-appropriate science experiments, exploring the fun side of science. We will use the Scientific Method (no prior knowledge of the scientific method is necessary) to conduct gross science experiments to learn about the human body, including edible skin, super saliva, snot and more! A $5 cash material fee due to instructor at beginning of class.

INSTRUCTOR | H.E. Activities
---|---
F | 1 session | 10:30—11:30AM
11/8 | NLC / Bldg. C - C112

HOMESCHOOL SCIENCE LAB: SPOOKY SCIENCE! (AGES 5-9) YHS107
Homeschoolers will conduct science experiments, exploring the fun side of science. We will use the Scientific Method (no prior knowledge of the scientific method is necessary) to learn about making bubbles and exploding pumpkins! A $5 cash material fee due to instructor at beginning of class.

INSTRUCTOR | H.E. Activities
---|---
F | 1 session | 10:30—11:30AM
10/11 | NLC / Bldg. C - C112

HOMESCHOOL SLIME CLASS (AGES 5-9) YHS126
Homeschoolers, join us for some ooey-gooey fun! Participants can make their slime and take a batch home to impress family and friends! Green? Pink? Blue? Glitter? Whatever you like! Your kids will also learn the science behind slime, like what an active agent is and its purpose.Leave with slime to take home, play with and share! A cash supply fee of $15 is payable to the instructor at the start of class.

INSTRUCTOR | H.E. Activities
---|---
W | 1 session | 10:30AM—12:30PM
10/16 | NLC / Bldg. C - C104

THE SCIENCE OF SLIME: (AGES 5-9) YHS126
Homeschoolers, join us for some ooey-gooey fun! Participants can make their slime and take a batch home to impress family and friends! Green? Pink? Blue? Glitter? Whatever you like! Your kids will also learn the science behind slime, like what an active agent is and its purpose.Leave with slime to take home, play with and share! A cash supply fee of $15 is payable to the instructor at the start of class.

INSTRUCTOR | H.E. Activities
---|---
W | 1 session | 10:30AM—12:30PM
10/16 | NLC / Bldg. C - C104

DISCOUNTS AVAILABLE FOR HOMESCHOOL SCIENCE LAB! $15 for 1st child and $5 off per each additional child. Only applies to classes priced at $15.
INcredible Explosions Homeschool Science Lab (Ages 5-9)  YHMS108
Let’s make things go boom! Homeschoolers will conduct age-appropriate science experiments, exploring the fun side of science. We will use the Scientific Method to learn how to make things explode combining chemical and physical elements. No prior knowledge of the scientific method is necessary. A $5 cash material fee due to instructor at beginning of class.

Instructor | H.E. Activities
Tuition | $10
F | 1 session | 10:30—11:30AM
12/6 | NLC / Bldg. C - C112

KIDS STEM & SOLVE IT!  YHMS130
Homeschoolers will learn the four stages of solving the 2x2 Rubik’s Cube. Additional STEM activities and lessons will support critical thinking, collaboration, and communication skills through the process of “Experiment, Fail, Learn, Repeat”. Each week will build on the previous weeks. Supply fee includes a new 2x2 Rubik’s Cube, printouts, and a certificate. A $10 cash supply fee paid to instructor at the beginning of class includes a new 3x3 Rubik’s Cube. Additional STEM activities and lessons will support critical thinking, collaboration, and communication skills through the process of “Experiment, Fail, Learn, Repeat”. Each week will build on the previous weeks. Supply fee includes a new 3x3 Rubik’s Cube, printouts, and a certificate.

Instructor | Monica Sibbing
Tuition | $60
Th | 4 sessions | 12:30—2PM
10/24 | NLC / Bldg. C - C112

PROPeller-Powered Car Homeschool Science Lab (Ages 5-9)  YHMS123
Homeschoolers will conduct age-appropriate science experiments, exploring the fun side of science. We will use the Scientific Method to learn how to build propeller-powered cars from scratch, exploring engineering principles and, of course, racing them! Each students will have the opportunity to leave with their very own car. A $5 cash material fee or $15 to take home your own car due to instructor at beginning of class.

Instructor | Monica Sibbing
Tuition | $10
F | 1 session | 10:30—11:30AM
9/13 | NLC / Bldg. C - C112

PROPeller-Powered Car Homeschool Science Lab (Ages 11-16)  YHMS124
Homeschoolers will conduct age-appropriate science experiments, exploring the fun side of science. We will use the Scientific Method to learn how to build propeller-powered cars from scratch, exploring engineering principles and, of course, racing them! Each students will have the opportunity to leave with their very own car. A $5 cash material fee or $15 to take home your own car due to instructor at beginning of class.

Instructor | H.E. Activities
Tuition | $15
F | 1 session | 10:30AM—12PM
9/27 | NLC / Bldg. C - C112

TEEN STEM & SOLVE IT! (AGES 12-17)  YHMS129
Homeschoolers will learn the six stages of solving the 3x3 Rubik’s Cube. Additional STEM activities and lessons will support critical thinking, collaboration, and communication skills through the process of “Experiment, Fail, Learn, Repeat”. Each week will build on the previous weeks. A $10 cash supply fee paid to instructor at the beginning of class includes a new 3x3 Rubik’s Cube, printouts, and a certificate.

Instructor | Monica Sibbing
Tuition | $90
Th | 6 session | 12:30—2PM
9/5 | NLC / Bldg. C - C112

Discounts Available for Homeschool Science Lab! $15 for 1st child and $5 off per each additional child. Only applies to classes priced at $15.

SAFETY

TRADITIONAL KOREAN MARTIAL ARTS TRAINING (AGE 4)  YSNF127
Tang Soo Do is an ancient martial art which originated 2,000 years ago in Korea. It is a method of empty-hand, and foot and weapon fighting, based on the scientific use of the body in self-defense. Most of all, this mysterious art is designed to develop individual character, mental strength, integrity, and respect for others. Uniform is not included, but can be purchased separately at class.

Instructor | P. West
Tuition | $60
Th | 6 session | 6:30—7PM
9/12 | Texas Tang Soo Do | Suite 25
10/24 | Texas Tang Soo Do | Suite 25

TRADITIONAL KOREAN MARTIAL ARTS TRAINING (AGES 5-6)  YSNF128
Tang Soo Do is an ancient martial art which originated 2,000 years ago in Korea. It is a method of empty-hand, and foot and weapon fighting, based on the scientific use of the body in self-defense. Most of all, this mysterious art is designed to develop individual character, mental strength, integrity, and respect for others. Uniform is not included, but can be purchased separately at class.

Instructor | P. West
Tuition | $60
Th | 6 session | 7—7:30PM
9/12 | Texas Tang Soo Do | Suite 25
10/24 | Texas Tang Soo Do | Suite 25
TRADITIONAL KOREAN MARTIAL ARTS
TRAINING (AGES 7-12) YSNF129
Tang Soo Do is an ancient martial art which originated 2,000 years ago in Korea. It is a method of empty-hand, and foot and weapon fighting, based on the scientific use of the body in self-defense. Most of all, this mysterious art is designed to develop individual character, mental strength, integrity, and respect for others. Uniform is not included, but can be purchased separately at class.

Instructor | P. West
Tuition | $60
Th | 6 session | 7:30–8:15PM
9/12 | Texas Tang Soo Do | Suite 25
10/24 | Texas Tang Soo Do | Suite 25

SELF-DEFENSE
ANTI-KIDNAPPING (AGES 4+) YSNF114
This program encourages self-defense, physical fitness, competitive spirit & self-discipline. Students are instructed in safety awareness, defense against attack, anti-kidnapping techniques, releases from any aggressor, and being able to avoid dangerous situations. A uniform is available, but not mandatory.

Instructor | O. Henderson
Tuition | $10/class*

W | 15 sessions | 6–6:45PM
9/4 | Cody ES Gym
Th | 14 sessions | 6–6:45PM
9/5 | Colonies North ES Gym
Th | 14 sessions | 6:30–8:30PM
9/5 | Westwood Terrace ES Gym
Th | 14 sessions | 7:30–8:30PM
9/5 | Rhodes ES Gym
F | 14 sessions | 6–6:45PM
9/6 | Mead ES Gym

SCIENCE & DISCOVERY

BODY SYSTEMS - JR DOCTOR
(AGRS 5-12) YSCN183
Learn how your heart pumps, what is inside your eye, and how your brain feels. You will be amazed about how your body works by looking at actual real hearts, brains, and eyes. Learn what it takes to become a doctor. You will also dress the part as a doctor in training. Your parents will want to take pictures! A $10 cash materials fee is payable to instructor at the start of class.

Instructor | J. Maclaren
Tuition | $40
Sa | 1 session | 10AM–12:30PM
9/28 | NLC / Bldg. C - C112

DINOSAUR DISCOVERY
(AGES 5-12) YSCN182
Jurassic Park Dinosaurs are out of this world. You will immerse yourself with a variety of three-six foot tall skeletal bones of T-Rex, Triceratops, and Raptors that actually roar. Dig for bones, break open an ancient dinosaur egg, and become the next great Paleontologist. If you love Dinosaurs as much as we do, then this is a must take class! A $10 cash materials fee is payable to instructor at the start of class.

Instructor | J. Maclaren
Tuition | $40
9/28 | NLC / Bldg. C - C112

PET VET (AGES 5-12) YSCN168
Learn how much fun it is being a Pet Vet! You will learn about puppies, dogs, cats, fish, birds, turtles and much more. Learn to care for your pet and how to help them when they need it. You will dress like a vet and learn to treat pets just like a veterinarian. A $10 cash materials fee is payable to the instructor at the start of class.

Instructor | J. Maclaren
Tuition | $40
Sa | 1 session | 10AM–12PM
1/26 | NLC / Bldg. C - C112

SPACE, PLANETS AND ASTRONAUTS
(AGES 5-12) YSCN185
Come learn about the Planets, Comets, Asteroids, Space Travel, the Moon, and outer space. You will love learning about how gravity changes from being on Earth to space. Our Sun is only one of Millions in the universe. You will also learn about Solar Systems and so much more! A $10 cash materials fee is payable to instructor at the start of class.

Instructor | J. Maclaren
Tuition | $40
11/16 | NLC / Bldg. C - C112

*For registration info please call 210-310-0216 or email dysteam@yahoo.com. Registration fee $30; Cost $10 per class. You may pay weekly, and you only pay for the classes you attend.
SPOOKY SCIENCE (AGES 5-12)  YSCN184
Scary, Spooky, Wild, Exciting, Amazing Science! You will love taking this class. You will learn how to make potions boil, witch’s brew, Dracula’s blood, Elephant toothpaste, bandage a mummy, and other gross fantastic creepy things. You will love learning how to spook others. A $10 cash materials fee is payable to instructor at start of class.

Instructor  |  J. Maclaren
Tuition  |  $40
Sa |  1 session  |  10AM—12:30PM
10/26 |  NLC / Bldg. C - C112

EXTREME FROG DISSECTION (AGES 5-12)  YSCN141
Discover what the inside of a real frog looks like! Be one of the few who have ever seen a real frog’s brain and internal organs. A $10 cash materials fee is payable to the instructor at the beginning of class.

Instructor  |  J. Maclaren
Tuition  |  $40
Sa |  1 session  |  10AM–12:30PM
10/26 |  NLC / Bldg. C - C112

SPORTS & FITNESS

BASKETBALL SKILLS TO IMPROVE YOUR GAME (AGES 5-12)  YSNF123
Description: Shoot, Pass, Score and defend your way to fun with Tx Youth Sports. Come attend our highly acclaimed basketball class. You will improve your skills, learn to play as a team and have a great time. We separate the players by skill and age. Please bring a ball and water bottle.

Instructor  |  J. Maclaren
Tuition  |  $99
Tu  |  6 sessions  |  6:30–7:30PM
9/3  |  Ellison ES Gym
10/15 |  Ellison ES Gym

INTERMEDIATE - SYNCHRONIZED SWIMMING (AGES 8-15)  YSNF136
Recreational competitive level in synchronized swimming. Any strong swimmer or experienced synchronized swimmer is welcome! This short session will serve as preparatory to the competitive season starting in January 2020. This group participate in water shows and USa | Synchro Testings. Contact The Aquarelles Synchro Club for more info: 210-589-9207.

Instructor  |  G. Zabriskie
Tuition  |  $190
Tu/Th |  14 sessions  |  7–9PM
9/10 |  George Block Pool
10/22 |  George Block Pool

VOLLEYBALL WITH TX YOUTH SPORTS (AGES 5-12)  YSNF124
Bump, Set, Spike and Serve your way to fun! Come develop your volleyball skills and IQ with Tx Youth Sports. You will learn the proper techniques required to play next level volleyball while having a great time. Please bring kneepads, a ball and water bottle.

Instructor  |  J. Maclaren
Tuition  |  $99
Tu  |  6 sessions  |  7:30–8:30PM
9/3 |  Ellison ES Gym
10/15 |  Ellison ES Gym
RECREATIONAL THERAPY

TAMBOFUNCTION DRUMMING MUS120
TamboFUNction Drumming is a FUNctional rhythmic adventure for ALL children in Pre-Kindergarten/Kindergarten and for older individuals with special needs. All instruments will be provided. No prior musical experience is needed. Class is taught by Jorge Ochoa, Occupational Therapist. Note: These are not drum lesson classes.

Instructor | J. Ochoa
Tuition | $55
M | 6 sessions | 6–7PM
9/3 | Los Reyes ES Gym
10/15 | Los Reyes ES Gym

YOUTH TECHNOLOGY

ROBOTICS

ROBOT APPRENTICE 1:* JJ'S WORLD OF ROBOTICS (AGES 7+) YSCN136
Introduction to computers and robot design while making JJ Junior the Robot comes to life. Students will also become familiar with ChromeBooks and learn how to build their first programs using EV3 Software.

Instructor | Robotics Clubs USA
Tuition | $55
Sa | 1 session | 12–4PM
10/12 | NLC / Bldg. C - C101

ROBOT APPRENTICE 2:* JJ THE ROBOT CAN CRAWL, WALK, AND RUN (AGES 7+) YSCN137
Introduction to programming to making JJ Junior move. Students will also understand geometric shapes and how to make JJ Junior navigate a pattern.

Instructor | Robotics Clubs USA
Tuition | $55
Sa | 1 session | 12–4PM
10/19 | NLC / Bldg. C - C101

ROBOT APPRENTICE 3:* JJ’S MOUSE TRAP (AGES 7+) YSCN138
Program JJ Junior to navigate a maze; winner gets the cheese. Students will also use basic mathematical operations and functions to program JJ Junior and discover the difference between precision and accuracy.

Instructor | Robotics Clubs USA
Tuition | $55
Sa | 1 session | 12–4PM
10/26 | NLC / Bldg. C - C101

ROBOT APPRENTICE 4:* JJ’S PLAYS ROBOT SOCCER (AGES 7+) YSCN139
Students prepare JJ Junior compete for the world cup. Students learn about problem solving and programming log. In addition, students will compete and share their individual robot design.

Instructor | Robotics Clubs USA
Tuition | $45
Sa | 1 session | 12–4PM
11/2 | NLC / Bldg. C - C101

ROBOT APPRENTICE 5:* SUMO BOTS (AGES 7+) YSCN140
Who can program JJ to out think the other bots? Students make JJ do SUMO through stringing together programming concepts learned in the previous workshops and learning how to remotely control JJ using an iPhone or iPad.

Instructor | Robotics Clubs USA
Tuition | $55
Sa | 1 session | 12–4PM
11/9 | NLC / Bldg. C - C101

STEM

STAR WARS® LEGO ENGINEERING (AGES 6+) YTEC135
Calling all Jedi Knights! Robotics Clubs USA is in need of engineering masterminds to help build starships that will defeat the dark side of the force. Young engineers will build LEGO® Star Wars® models like the X-wing, Jedi transports, AT-AT walkers and many other spacecrafts and machines. Young Jedi’s will discover key engineering concepts and learn about the force behind observation and the engineering method. An optional $15 cash supply fee for a take-home project due to instructor at beginning of class.

Instructor | Robotics Clubs USA
Tuition | $45
Sa | 1 session | 9AM–1PM
12/7 | NLC / Bldg. C - C104
**YOUTH TENNIS ACADEMY (ATC/NTC)**

**TENNIS ACADEMY:**

**QUICKSTART (5-10)**  YTEN101-102
Quickstart is an innovative way for kids 10 and under to have fun and learn tennis skills. Quickstart uses a smaller court size, shortened score format, smaller rackets, and three different types of balls depending on age. This is the perfect program to set your child on the pathway to tennis. *Days can be subject to change due to weather and tournament scheduling. M/W or M-Th | 5:30–6:30PM Various sessions available, call or visit us online!**

**FLEX TENNIS ACADEMY:**

**QUICKSTART (5-10)**  YTEN115-116
Quickstart is an innovative way for kids 10 and under to have fun and learn tennis skills. Quickstart uses a smaller court size, shortened score format, smaller rackets, and three different types of balls depending on age. This is the perfect program to set your child on the pathway to tennis. This course uses a flexible schedule; this class will take place once a week to accommodate busy schedules. Specific day is to be arranged with the tennis center. W | 5:30–6:30PM Various sessions available, call or visit us online!**

**INTERMEDIATE (11+)**  YTEN105-106
This program caters to players ages 11 and up. This program is for both beginner and intermediate level players. The program focuses on the latest stroke techniques and fundamentals to get your player ready to play. M/W or M-Th | 5:30–6:30PM Various sessions available, call or visit us online!**

**INTERMEDIATE (11+)**  YTEN113-114
This program caters to players ages 11 and up. This program is for both beginner and intermediate level players. The program focuses on the latest stroke techniques and fundamentals to get your player ready to play. This course is a flexible schedule; this class will take place once a week to accommodate busy schedules. Specific day is to be arranged with the tennis center. W | 6–8PM Various sessions available, call or visit us online!**

**ELITE (11+)**  YTEN103-104
This advanced program caters to high school varsity players and all Championship level and super championship level players. This is a high intensity program that incorporates the latest teaching methods of the USTA. M/W or M-Th | 6–8PM Various sessions available, call or visit us online!**

**ELITE (11+)**  YTEN111-112
This advanced program caters to high school varsity players and all Championship level and super championship level players. This is a high intensity program that incorporates the latest teaching methods of the USTA. This course is a flexible schedule; this class will take place once a week to accommodate busy schedules. Specific day is to be arranged with the tennis center. W | 6–8PM Various sessions available, call or visit us online!**

**FOR MORE INFORMATION CONTACT:**

Annemarie Tennis Center (ATC) 210-397-7592
NISD Tennis Center (NTC) 210-398-1800

**WANNA GO DRONE CRAZY – FOR YOUNG ENGINEERS (AGES 7+)**  YSCN171
Learn about basic principles of flight and the evolution of traditional aircraft and modern-day quadcopters. Students will build their own drone to take home with them. Also students will learn to fly drones by line-of-sight piloting and learn how to program a drone using “Scratch” for autonomous flight. Students will explore different ways drones can be used and discuss the engineering method and how engineers use it to solve problems. Join the fun and learn about drones. No prior experience necessary. Optional $30 cash material fee for take home drone due to instructor at beginning of class. **INSTRUCTOR:** Robotics Clubs USA
**TUITION:** $60
**SCHEDULE:** 9/5 | 1 session | 12–4PM
**VENUE:** NLC / Bldg. C - C101

**IMPROV FUN FOR SENIORS (AGES 55+)**  ART140
This workshop is specially designed for seniors. We will explore what Improvisation is and how it can help us with everyday situations in life. Improvisation is excellent for memory retention and a wonderful exercise for our brains, requiring creativity and flexibility. You will take part in some introductory exercises, as well as several fun-filled Improv games. No experience is necessary and participation is at your own level of comfort. **INSTRUCTOR:** Eugene Festa
** TUITION:** $25
**SCHEDULE:** 9/19 | 1 session | 9AM–12PM
**VENUE:** NLC / Bldg. C - C106

**ARTS & CULTURE**

**CHRISTMAS ORNAMENTS: RE-PURPOSED MATERIALS**  CFT153
Recycling is a beautiful thing, and when you re-purpose to make one-of-a-kind decorations it’s even better! Join us for a fun evening making snowflakes, angels, butterflies and other decorations for the holidays, using re-purposed painted paper towel tubes. You can add special touches with paint, ribbon, beads and other decor to make it uniquely “you”. Please bring scissors and a glue gun to class. A cash supply fee of $5 payable to the instructor on the day of the class will cover everything else you’ll need to create your design. Offered as a bilingual class. English and Spanish instruction provided. All ages welcome. **INSTRUCTOR:** S. Kronenthal
**TUITION:** $30
**SCHEDULE:** 9/21 | 1 session | 9AM–12PM
**VENUE:** NLC / Bldg. F - F101

**IMPROV FOR FUN**  ART139
In this short workshop, you will be introduced to various techniques of Improvisation through practice by playing some fun-filled Improv games. No experience is necessary. You will take part in some introductory activities and then learn some easy and practical ways to explore how Improvisation can be helpful not only for acting situations but also in everyday life. You will be invited to take part at your own level of comfort, and determine how much you want to get involved. **INSTRUCTOR:** Eugene Festa
**TUITION:** $15
**SCHEDULE:** 11/13 | 1 session | 6–8PM
**VENUE:** NLC / Bldg. C - C112

**FOR MORE INFORMATION CONTACT:**

Annemarie Tennis Center (ATC) 210-397-7592
NISD Tennis Center (NTC) 210-398-1800

NISD Adult & Community Education Catalog  |  FALL 2019  |  (210) 397 - 8100  |  www.nisd.net/ace
GRATITUDE DECOR CFT147
Bring the Thanksgiving season into your space with beauty and style. In this class, students will create a 12"x12" framed art piece using warm colors and images. Use it in the home or office or give as a unique, handmade gift. A $12 cash supply fee is payable to the instructor at the beginning of class. Materials include a 12" x 12" wooden shadowbox frame with glass and all other supplies needed to make the art piece. Ages 16+ welcome.

Instructor | M. Tarun
Tuition | $25
W | 1 session | 6–9PM
11/6 | Sweet Home Vinyl Classroom

SUBLIMATION PRINTING CFT151
The growing field of digital decorating includes the process of Sublimation. Learn the basics of sublimation printing for hobby crafting & the various substrates available to decorate. We will demonstrate several ways to add a multicolor design to different items for a unique finished product.

Instructor | M. Tarun
Tuition | $25
W | 1 session | 6–9PM
11/6 | Sweet Home Vinyl Classroom

DIGITAL DECORATION: HEAT TRANSFER VINYL CFT150
The many types of heat transfer vinyl dominate the world of digital decorating! Get some hands-on experience with the most popular types available from Siser North America & when and how to use them for hobby crafting. Note: Recommended for students with prior experience using cutting machine software. A $3 cash material fee is due to the instructor at the beginning of class.

Instructor | M. Tarun
Tuition | $25
W | 1 session | 6–9PM
9/25 | Sweet Home Vinyl Classroom

DIGITAL DECORATION: RHINESTONE DÉCOR CFT114
Add some BLING to your crafting life! Learn how to cut, fill & press a rhinestone design onto most fabric or solid surfaces. Learn how easy it is to make your crafts sparkle and stand out with this type of digital decorating! Note: Recommended for students with prior experience using cutting machine software. A $8 cash material fee due to instructor at the beginning of class.

Instructor | M. Tarun
Tuition | $25
W | 1 session | 6–9PM
10/23 | Sweet Home Vinyl Classroom

INEXPENSIVE HOLIDAY WREATH CFT154
You’ll discover that “inexpensive” does not mean “cheap” when you create this holiday wreath using dollar store items. In this class you will learn different techniques to create beautiful wreaths for every holiday without breaking your budget. Supplies you will need to bring to class (all for less than $10 at the dollar store): round foam wreath form or pool noodle, a spool or two of holiday ribbon, and 3 to 5 bunches of seasonal flowers or decorations. Please bring your glue gun and glue sticks to class. Optional decor will be available for purchase from instructor. Class open to teens and adults. Offered as a bilingual workshop with glass and all other supplies needed to make the art piece. Ages 16+ welcome.

Instructor | C. Rattray
Tuition | $23
W | 1 session | 10AM–12PM
10/2 | NLC / Bldg. C - C104
STAMPS, INK, AND PAPER!

DIY GREETING CARDS  CFT146

In this Do-It-Yourself workshop, you will make 5 greeting cards with fall colors and images to celebrate birthdays and other occasions. Discover the joy of creating something beautiful with paper and then sharing it with those you love! A cash supply fee of $8 is payable to the instructor at the beginning of class. Ages 16+ welcome to attend.

Instructor | C. Rattray
Tuition | $20
W | 1 session | 10–11:30AM
9/18 | NLC / Bldg. C - C104

MAKE & TAKE: PAPER GIFT BAG CONSTRUCTION  CFT130

Learn to fold your own gift bags to save yourself last minute trips to the store or to custom fit a particular gift. In this 90-min class, you will receive hands-on instructions, materials, and tips to acquire this skill to use for yourself or to teach others. As you learn, you will make 3 gift bags to take home with a bag of materials with ample supplies for you to use later with your own wrapping paper and ribbon at home. Especially with the holiday season coming up, your co-workers, friends, students, or youth group members will be eager to learn this handy skill from you. All ages are welcome! A $5 materials fee is payable to the instructor at the beginning of class. Exact cash payment only.

Instructor | L. Reitzel
Tuition | $5
Sa | 1 session | 9–10:30AM
10/12 | NLC / Bldg. C - C106
11/16 | NLC / Bldg. C - C106
12/14 | NLC / Bldg. C - C106

DANCE

AFRO-BEATS 101  DAN119

Dance and have fun burning calories to the beautiful music of West Africa. The Instructor, from Nigeria, will take you through the basics steps of the West African dance to fun drum beats that will have you moving while appreciating the beautiful cultural music.

Instructor | SMASH Dance
Tuition | $10
F | 1 session | 7:45–9PM
9/13 | SMASH Dance Studio
10/11 | SMASH Dance Studio

COUNTRY DANCE WORKSHOP  DAN117

Ready to explore some Texas-styled dance? Learn favorites such as the Country 2-Step, Waltz, and Polka. Master simple footwork along with turns, wraps and arm patterns. Please bring smooth soled shoes with good heel support. No experience necessary, all levels welcomed.

Instructor | J. Lee
Tuition | $55
Tu | 4 sessions | 6:30–7:30PM
9/3 | NLC / Bldg. C - C101
10/1 | NLC / Bldg. C - C101
10/29 | NLC / Bldg. C - C101

BALLROOM LINE DANCING FOR SENIORS  DAN112

Experience the Cha-Cha and Foxtrot like never before! Enjoy learning the fundamentals of these fun and flirty dance styles as a line dance! No partner or previous dance experience needed! Dance party with light refreshments on the last day of class.

Instructor | J. Lee
Tuition | $55
M | 4 sessions | 10–11AM
9/3 | NLC / Bldg. C - C106
10/1 | NLC / Bldg. C - C106
10/28 | NLC / Bldg. C - C106

CUMBIA, BACHATA, AND MERENGUE DANCE  DAN119

In this course, learn the fundamentals of rhythmic dance. Use the body as an instrument in the creative process and explore the dancing styles of Cumbia, Bachata, and Merengue. Become more confident on the dance floor and have fun while learning. No experience needed, all levels welcomed.

Instructor | J. Lee
Tuition | $55
Tu | 4 sessions | 7:30–8:30PM
10/29 | NLC / Bldg. C - C101

LET’S SWING! SWING DANCE BASICS  DAN111

If you have never danced before, or want to gain a better understanding of the basic movements, this class is designed for you! In just a few weeks, you will learn 6-count lindy hop swing (also called east coast swing) with plenty of moves to get you through a whole song out on the dance floor. Last class consists of social dance party - light refreshments provided.

Instructor | J. Lee
Tuition | $55
Tu | 4 sessions | 7:30–8:30PM
9/3 | NLC / Bldg. C - C101
10/1 | NLC / Bldg. C - C101

FINE ARTS

BEGINNING WATERCOLOR  ART138

Your creative spirit will bloom exploring this lively and delicate art form. Fluid and vivid, watercolors are MAGIC! Some mixed media and metallics included in this course. Emphasis will be on color theory, color wheel, and value scale. No experience required. A $10 cash supply fee for specialty items is payable to the instructor on the first day of class. A supply list of the remaining items needed will be provided during the first class.

Instructor | D. Bowen
Tuition | $100
W | 4 sessions | 10AM–12PM
9/11 | NLC / Bldg. C - C106
SCENES OF TEXAS: A DRAWING CLASS  ART144
The stars at night are big and bright! In this course, students will focus on various scenes of the great state of Texas. Learn to layer and blend color pencils for fabulous work of art. Discuss proportion, composition, value and color. Beginners welcome! A cash supply fee of $20 payable to the instructor for provided materials.

Instructor | M. Valdez
Tuition | $75
Sa | 3 sessions | 2–4PM
9/21 | NLC / Bldg. C - C112

ACRYLIC PAINTING LEVEL 2: FUNDAMENTALS  ART105
Master the fundamentals of acrylic painting as you explore principles and theory of color mixing, color schemes, and warm and cool primaries. Learn about value, compliments, triad, analogous and monochromatic hues, the color wheel, how to lay out your palette and keep order while you work. We’ll discuss composition, selection of underpainting color, and how to create a focal point. Canvas preparation, texturizing, and background techniques will also be covered. Create your own masterpiece 11” x 14” or larger. Group critiques will be held weekly to constructively discuss painting challenges. An optional $30 supply fee provides paint and one canvas. A supply list is available for those who wish to get their own supplies.

Instructor | J. Garza
Tuition | $125
Th | 6 session | 1–4PM
10/10 | NLC / Bldg. C - C106

MIXED MEDIA WITH ACRYLICS  ART136
Independently experiment with inspirational approaches to mixed media. Your instructor will guide you as you experience transforming and enhancing the painting surface using paper, wood, newspaper, tissue, cardboard, fabric, paste, plastic, and metal. Create a unique look for a one-of-a-kind masterpiece. Bring your own paints, brushes, canvas. Canvases must be 16x20 or larger. A $15 cash supply fee will be collected on the first day will cover the additional supplies needed for this class.

Instructor | J. Garza
Tuition | $125
W | 6 session | 6–9PM
11/6 | NLC / Bldg. C - C106

CALLIGRAPHY: MODERN BRUSH LETTERING  ART142
Spontaneous and colorful, this art form is fun to use on handmade cards or canvas. Join instructor Deborah Bowen and explore various brush lettering techniques. Develop your own signature style in scripted watercolor. A cash supply fee of $10 can be paid to the instructor on the first day of class. A supply list of the remaining items needed will be provided during the first class.

Instructor | D. Bowen
Tuition | $100
W | 4 sessions | 10AM–12PM
10/16 | NLC / Bldg. C - C106

PORTRAITS DONE IN PENCIL  ART141
This class is perfect for the people who are wanting to start doing portraits for their family or of their pets. If you have past experiences with some illustrations and/or colored pencils you can refresh your techniques in the intermediate-plus class. We will focus on proportion, alignment, and adjustments. Will explore shading, pencils tones, and softness for varying degrees of contrast. The instructor will coach and suggest ways to improve your drawing(s) to the level of satisfaction. The final drawing will be on 11”x14” pad. No experience required. An optional $30 cash materials fee is payable to the instructor for necessary supplies. A supply list is available for those who wish to get their own supplies.

Instructor | B. Jones
Tuition | $95
Th | 6 session | 6–9PM
9/19 | NLC / Bldg. C - C106

ACRYLIC PAINTING LEVEL 1: INTRODUCTION  ART106
Did you attend a painting party and now have an interest in developing your skills further? In this introductory course, learn the theory and practice of acrylic painting. Explore color mixing, the color wheel, values, and basic color theory and principles. Complete your first painting using a monochromatic color scheme. By the time you have completed this course, you will have developed the skills and knowledge to continue on in your learning of how to paint with acrylics. A $30 cash materials fee is payable to the instructor for all supplies needed.

Instructor | J. Garza
Tuition | $85
W | 4 sessions | 6–9PM
10/9 | NLC / Bldg. C - C106
Th | 4 sessions | 9AM–12PM
10/10 | NLC / Bldg. C - C106

GENEALOGY D: DNA BASICS  GEN112
Are you curious about researching your DNA, but you aren’t quite sure of how to get started? Join Mariano Salazar as he explains the basics about DNA, compares advantages and disadvantages of DNA research and reviews various DNA websites. So, sit back in class and let your instructor present the new world of DNA genealogy and research.

Instructor | M. Salazar
Tuition | $39
Tu/Th | 2 sessions | 6:30–8:30PM
9/17 | NLC / Bldg. C - C116

GENEALOGY: PHONE APPS  GEN113
Are you overwhelmed with the all the genealogy apps out there and can’t figure which one is the best app to use in your genealogy research? Are you cautious on downloading any app unknown to you via Playstore or Itunes? Let Mariano Salazar demonstrate on the screen the best/easy phone apps available out there.

Instructor | M. Salazar
Tuition | $39
Tu/Th | 2 sessions | 6:30–8:30PM
10/15 | NLC / Bldg. C - C116
GENEALOGY: USING ANCESTRY.COM  GEN103
Start tracing your family history using Ancestry.com. This hands-on, computer-based course is for those new to the website or who have come to a road block and need direction on how to further research and create their family trees. Your experienced instructor will introduce you at a high-level on how to use the search functions, understanding the “green leaf,” building a tree, and will cover each Category. You must be a current paid Ancestry.com subscriber in order to see all documents and enroll in the class. Please bring your: Ancestry.com login/password, names, birth/death dates, and birth/death locations on the first day of class.

Instructor | M. Salazar
Tuition | $40
Tu/Th | 2 sessions | 6:30–8:30PM
11/19 | NLC / Bldg. C - C116

GENEALOGY: ADVANCED  ANCESTRY.COM  GEN104
Use Ancestry.com on a deeper level. This hands-on, computer-based course will teach you how to upload photos and documents, connect to existing family trees, use the AncestryApp, DNA networking, accessing international records, understanding of sources/databases, Advanced Search, and explore the “green leaf” a lot further. You must be a current paid Ancestry.com subscriber in order to see all documents and enroll in the class. Please bring your: Ancestry.com login/password, names, birth/death dates, and birth/death locations on the first day of class.

Instructor | M. Salazar
Tuition | $40
Tu/Th | 2 sessions | 6:30–8:30PM
11/10 | NLC / Bldg. C - C112

JEWELRY MAKING

GENEALOGY AND LAPIDARY ARTS (BEGINNING & ADVANCED)  JWL101
This course is intended for beginning and advanced students. Beginning students learn the art of lapidary, cutting and polishing gemstones that can be used to make beautiful jewelry. Using diamond-based lapidary equipment, each participant will make 2-3 finished gemstones. No prior experience is required. Advanced students are those that have taken this course before and will, therefore, require less supervision. They will be allowed to work with a larger range of and more challenging lapidary materials. Special thanks goes to The Southwest Gem and Mineral Society in San Antonio for supplying the lapidary equipment used in the class. A supply fee of $30 is payable to the instructor and provides safety equipment, raw gemstones, use of all tools and equipment, and jewelry materials.

Instructor | J. Speck
Tuition | $55
Tu | 3 sessions | 1–4PM
9/10 | NLC / Bldg. C - C112
Tu | 3 sessions | 6–9PM
9/10 | NLC / Bldg. C - C112
Tu | 3 sessions | 1–4PM
10/15 | NLC / Bldg. C - C112
Tu | 3 sessions | 6–9PM
10/15 | NLC / Bldg. C - C112
Tu | 3 sessions | 1–4PM
11/19 | NLC / Bldg. C - C112
Tu | 3 sessions | 6–9PM
11/19 | NLC / Bldg. C - C112

MAKE & TAKE: TEXAS PEARLS NECKLACE  CFT132
You will learn to make one “Everything is BIGGER in Texas” fabric covered bead necklace (36” long) with a western flair! Personalize your own Texas Pearls by choosing red or blue bandana print material, smaller bead color, and a concho! It is a fun addition to your Western ware wardrobe or as a gift for a Rodeo enthusiast. A $10 materials fee is payable to the instructor at the beginning of class. Exact cash payment only.

Instructor | L. Reitzel
Tuition | $5
Sa | 1 session | 9–10:30AM
12/7 | NLC / Bldg. C - C112

WIRE WRAPPING JEWELRY: BRACELETS  JWL108
Learn how to make bracelets without stones. Simple and elegant with square wire. This class is a fun and easy way to create your own bracelets. Materials can be purchased from the instructor for a cash fee of $10-15 depending on your selection. Please bring your own basic tools for class; round nose pliers, flat nose pliers, cutters, ruler, and sharpie marker.

Instructor | I. Latham
Tuition | $20
Sa | 1 session | 1–4PM
11/16 | NLC / Bldg. C - C106

WIRE WRAPPING JEWELRY: CABOCHON PENDANTS  JWL107
Learn the basic wire wrapping technique for cabochons. A cabochon is a gemstone which has been shaped and polished. This class is open to beginners, intermediate, and advanced students. Materials can be purchased from the instructor for a cash fee of $10-15 depending on your selection. Please bring your own basic tools for class; round nose pliers, flat nose pliers, cutters, ruler, and sharpie marker.

Instructor | I. Latham
Tuition | $20
Sa | 1 session | 1–4PM
11/16 | NLC / Bldg. C - C106

WIRE WRAPPING JEWELRY: CHRISTMAS DIY  JWL106
The holidays will be here soon! In this Christmas Do-It-Yourself class, you can form the perfect piece of jewelry for your loved ones. Imagine the possibilities! Challenge yourself to create a one-of-a-kind bracelet or ring. Supplies can be purchased from the instructor on the first day of class. Estimated cost ranges $10-20 for materials.

Instructor | I. Latham
Tuition | $20
Sa | 1 session | 1–4PM
12/14 | NLC / Bldg. C - C106
WIRE WRAPPING JEWELRY: CROCHET W/WIRE  JWL12
Learn how to make beautiful jewelry by combining traditional crochet tools and stitches with wire. Dimensional crochet motifs become dazzling earrings, necklaces, rings or bracelets. Challenge yourself and have some fun with this course. You will need stainless steel crochet hooks in size 3-4. Materials can be purchased from the instructor for a cash fee of $10-15 depending on your selection.

Instructor | I. Latham
Tuition | $20
Sa | 1 session | 1—4PM
9/14 | NLC / Bldg. C - C106

WIRE WRAPPING JEWELRY:
RINGS  JWL109
Learn how to make a simple ring using 4 wires or 9 wires. You can also challenge yourself to create a ring with cabochons (gemstones). Materials can be purchased from the instructor for a cash fee of $10-15 depending on your selection. Please bring your own basic tools for class; round nose pliers, flat nose pliers, cutters, ruler, and sharpie marker.

Instructor | I. Latham
Tuition | $20
Sa | 1 session | 1—4PM
12/7 | NLC / Bldg. C - C106

WIRE WRAPPING JEWELRY:
TREE OF LIFE  JWL113
Learn how to make a beautiful “Tree of Life” design using wire with beads or cabochons (gemstones). Make a pendant for a necklace or earrings. A great gift item for friends and family. Materials can be purchased from the instructor for a cash fee of $10-15 depending on your selection. You may bring your own tools if you have them.

Instructor | I. Latham
Tuition | $20
Sa | 1 session | 1—4PM
9/14 | NLC / Bldg. C - C106

WIRE WRAPPING JEWELRY:
WEAVING W/WIRE  JWL110
Learn how to weave wire and create a beautiful one-of-a-kind piece of jewelry. Whether you choose to make a necklace or bracelet with round wire, this is a fun and easy workshop. Materials can be purchased from the instructor for a cash fee of $10-15 depending on your selection. Please bring your own basic tools for class; round nose pliers, flat nose pliers, cutters, ruler, and sharpie marker.

Instructor | I. Latham
Tuition | $20
Sa | 1 session | 1—4PM
10/12 | NLC / Bldg. C - C106

LANGUAGES
BASIC CONVERSATIONAL SPANISH LEVEL 1  LAN117
This course introduces the fundamental elements of the Spanish language. Instructor Enrique Barreto will assist students with the development of basic listening, speaking, reading, and writing skills. Discussion topics include alphabet, numbers, introductions, food, and travel. This is a beginner’s course. A materials fee of $5 is payable to the instructor on the first day of class. Recommendations for textbooks that supplement class will be provided.

Instructor | E. Barreto
Tuition | $115
W | 7 sessions | 7—9PM
9/11 | NLC / Bldg. F - 101

CONVERSATIONAL SPANISH LEVEL 2  LAN118
This course is a continuation of Basic Conversational Spanish - Level 1. Instructor Enrique Barreto will assist students with the development of basic listening, speaking, reading, and writing skills. Discussion topics include directions, occupations, hobbies, and day-to-day activities. Prerequisite Basic Conversational Spanish - Level 1. A materials fee of $5 is payable to the instructor on the first day of class. Recommendations for textbooks that supplement class will be provided.

Instructor | E. Barreto
Tuition | $115
W | 7 sessions | 7—9PM
10/30 | NLC / Bldg. F - 101

FRENCH PHRASES FOR FUN & TRAVEL  LAN 115

Instructor | V. Billingsley
Tuition | $120
F 8 sessions | 6—8PM
9/6 | NLC / Bldg. C - C106
GERMAN FOR THE TRAVELER: BUSINESS & PLEASURE LAN116
Guten Tag! Learn basic essentials for conversing with German speakers here and abroad. Be introduced to the fundamentals of German pronunciation/alphabet and useful phrases. Discussion topics will include culture, history, food, and activities. Students need to purchase 4x6 note cards and the book Berlitz German (with CD) ISBN 878-981-268-962-7.

Instructor | V. Billingsley
Tuition | $105
F | 7 sessions | 6–8PM
11/1 | NLC / Bldg. C - C106

SIGN LANGUAGE LAN105
If you want to communicate with a friend or loved one in basic American Sign Language, join us in learning fingerspelling and sign as appropriate for home and school situations. You will leave the class with a basic vocabulary of 500 words or more. The book used is 'A Basic Course in American Sign Language' (T.J. Publishers ISBN#0932666426) spiral bound. You will need to purchase your own book.

Instructor | D. Shoemake
Tuition | $99
Th 8 sessions | 6:30–8:30PM
9/12 | O’Connor HS - G106

MUSIC

BEGINNING GUITAR MUS134
A basic introduction to the acoustic guitar. You will cover open string chords, strumming patterns, notes in first position, elements of reading music. You will apply these concepts to learn standard and popular songs. Bring your own guitar. Ages 13 and up welcome to attend.

Instructor | R. Saenz
Tuition | $99
M | 6 sessions | 7–8PM
9/9 | NLC / Bldg. C - C106

BEYOND BEGINNING GUITAR MUS135
This is a follow-up course for those who have taken a beginning course. Basic knowledge of open string chords is a must. Emphasis on learning how to use barre chords, scales, complete fretboard, strum patterns, and some music theory to further your interest and knowledge of the guitar. Bring your own guitar. Ages 13 and up welcome to attend.

Instructor | R. Saenz
Tuition | $99
M | 6 sessions | 7–8PM
10/21 | NLC / Bldg. C - C106

TEJANO GUITAR MUS137
This class is designed for enthusiasts of the style to learn concepts of this genre. Course goals will be to learn chords, scales, some theory and techniques of the style at a fun pace using well-known Tejano songs. Neither a beginner nor intermediate level program. Bring your own guitar. Ages 18 and up welcome to attend.

Instructor | R. Saenz
Tuition | $99
M | 6 sessions | 8–9PM
9/9 | NLC / Bldg. C - C106
10/21 | NLC / Bldg. C - C106

THE SIMPLE WAY TO LEARN GUITAR:

LEVEL 1 (AGES 55+) MUS130
This course is designed especially for students ages 55+ who are looking to learn guitar in a simplified way. In this 6 week program, students will be taught the basic chords, how they relate to the structure of a song along, and how to play by ear along with musical theory. Get prepared to learn a song you like and perform it by the end of the program. Bring your own acoustic guitar.

Instructor | R. Jacome
Tuition | $99
F | 6 sessions | 1–2PM
9/20 | NLC / Bldg. C - C104
11/1 | NLC / Bldg. C - C104

LEVEL 2 (AGES 55+) MUS136
A continuation of The Simple Way to Learn Guitar: Level 1. This course is designed especially for students ages 55+ who are looking to learn guitar in a simplified way. In this 6 week program, students will be taught the basic chords, how they relate to the structure of a song along, and how to play by ear along with musical theory. Prepare to take your musical skills to the next level and perform a song of choice by the end of the program. Bring your own acoustic guitar. Prerequisite The Simple Way to Learn Guitar: Level 1.

Instructor | R. Jacome
Tuition | $99
F | 6 sessions | 2:15–3:15PM
9/20 | NLC / Bldg. C - C104
11/1 | NLC / Bldg. C - C104
Do you love Tejano music and wish you could play the accordion? This crash course will teach you the basics of playing the button accordion so you can join in on the fun.

**BEGINNING BUTTON ACCORDION:**

**LEVEL 1**

**MUS120**

Do you love Tejano music and wish you could play the accordion? By enrolling in this class, you will be taught the major scales for playing Tejano and Conjunto-style music and taught how to read music. Students must have a button accordion in the key of GCF, and have taken Beginning Button Accordion Level 1. A materials fee of $99 is payable to the instructor on the first day of class.

**Instructor:** R. Saenz

**Tuition:** $99

**9/21** | NLC / Bldg. C - C106

**11/9** | NLC / Bldg. C - C106

**LEVEL 2**

**MUS121**

Now that you've learned the basics of playing the button accordion, you will advance to following basic music sheets with scales already taught. Students should be able to play easy songs while accompanied by the instructor, playing the Bajo Sexto. Students must have a button accordion in the key of GCF, and have taken Beginning Button Accordion Level 1. A materials fee of $10 is payable to the instructor on the first day of class.

**Instructor:** F. Flores

**Tuition:** $99

**9/14** | NLC / Bldg. C - C104

**HEALTHRHYTHMS GROUP DRUMMING**

**MUS121**

HealthRHYTHMS® is a research-based life enhancement tool. It is a group drumming recreational music-making (RMM) protocol based upon published studies by a research team led by Barry Bittman, M.D., a neurologist. Studies have demonstrated a boost to the immune system, improved mood states, and reduced stress and burnout. No previous musical experience is needed and all instruments will be provided. HealthRhythms © is NOT a drumming lesson or performance-based class. It promotes communication and self-expression through drums and percussion. Your instructor, Jorge Ochoa, is a trained REMO HealthRhythms Facilitator. For ages 18+. The materials fee of $29 is payable to the instructor in class includes a workbook and online instruction.

**Instructor:** C. Coffman

**Tuition:** $35*

**9/14** | NLC / Bldg. C - C104

**HOW TO PLAY THE PIANO BY EAR**

**MUS102**

Learn one of music's deepest mysteries: how to play songs without relying on music. A very practical presentation of music theory that includes predicting chord progressions, learning from recordings, and transposing all expressed in everyday language. This is an ideal follow-up to 'Instant Piano' class and is open to anyone who has a basic understanding of chords on any instrument. Prior experience with chords recommended. The materials fee of $29 for the 'How To Play Piano by Ear' book and online instruction.

**Instructor:** C. Coffman

**Tuition:** $35*

**10/12** | NLC / Bldg. F - 101

**HOPELESSLY BUSY PEOPLE**

**MUS101**

Some music teachers may not want you to know this, but you don’t need years of weekly lessons to learn piano. While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you’ll need to play any song in this one session. Any song. Any style. Any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop. A $29 materials fee payable to the instructor in class includes a workbook and online instruction.

**Instructor:** C. Coffman

**Tuition:** $35

**10/12** | NLC / Bldg. F - 101

**VIOLIN 101 FOR ADULTS**

**MUS127**

Any time is a great time to create beautiful sounds on the violin! Have fun learning the basics of some first position notes, correct posture, and creating a smooth tone. You will learn simple and familiar songs. No musical background is needed. Bring your own instrument and folding stand or contact instructor for rental or purchase. A materials fee of $10 will be collected for the required book. All classes are held at Texas Strings® Music Studio; 15609 NW Military Hwy, 78231.

**Instructor:** Texas Strings

**Tuition:** $99

**10/6** | Texas Strings Studio

**11/3** | Texas Strings Studio

**12/1** | Texas Strings Studio

*If you register for both Play Piano by Ear and Instant Piano, you will save $10. Must complete registration by phone or in person to receive discount.
VIOLIN 102 FUN FOR ADULTS MUS128
Expand your knowledge of the violin either after taking Violin 101 class or with some string instrument background. Go beyond the basics and learn simple and familiar songs in a relaxed group setting. Bring your own instrument and folding stand or contact instructor for rental or purchase. If you did not take Violin 101, a materials fee of $10 will be collected for the required book. All classes are held at Texas Strings® Music Studio; 15609 NW Military Hwy, 78231.

Instructor | Texas Strings
Tuition | $99
Su | 4 sessions | 3:45–4:30PM
9/8 | Texas Strings Studio
10/6 | Texas Strings Studio
11/3 | Texas Strings Studio
12/1 | Texas Strings Studio

PHOTOGRAPHY

HOW TO TAKE TRAVEL PHOTOS LIKE A PRO PIC101
Whether you are preparing for that summer vacation, honeymoon, or just want to learn how to turn an average picture into a great picture, this class will bring out the photographer in you. Author and photographer Tony Diaz shares the techniques behind travel photography. Moonrise or sunset, a cityscape or seashore, animals or people, a well taken travel picture is always a conversation starter. No prior photography experience is necessary.

Instructor | T. Diaz
Tuition | $45
Th | 3 sessions | 6:30–8:30PM
9/12 | NLC / Bldg. C - C112

PHOTOSHOOT WORKSHOP PIC102
Companion class to “How to Take Travel Photos like a Pro” but open to any photographer who wants to improve their photographic eye, this class requires familiarity with their Digital SLR camera settings and controls. A hands-on course where students take pictures to be critiqued in class. Three weekend field trips (Saturdays) allow students to receive hands-on help in the field. Class requires Digital SLR camera and USB flash drive. Cost of parking and/or location admission is the responsibility of the student. Bring your camera, user’s manual, and a USB flash drive to the first day’s class.

*This program meets for 6 sessions:
3 Thursdays and 3 Saturdays. 10/5 – 10/19. Thursdays meet in classroom from 6:30-8:30pm and students conduct offsite photoshoots on Saturdays from 9:30–11:30am.

Instructor | T. Diaz
Tuition | $69
Th & Sa | 6 sessions
6:30-8:30pm* | 9:30-11:30am*
10/3 | NLC / Bldg. C - C112

SEWING & NEEDLECRAFT

CROCHET BASICS CFT104
Learn the basics of crochet and begin a hobby that can last a lifetime. Students will learn how to read a pattern and other essential techniques while making various projects. Please bring one skein of #4 worsted medium weight yarn in any light solid color (no variegated), a size G crochet hook, tapestry needle and scissors.

Instructor | R. Grieco
Tuition | $39
Tu | 3 sessions | 10AM–12PM
10/1 | NLC / Bldg. C - C106
10/29 | NLC / Bldg. C - C106
11/19 | NLC / Bldg. C - C106
11/19 | NLC / Bldg. C - C106

CROCHET FOR ALL CFT105
Now that you have learned the basic stitches in crochet, you need to keep practicing. Join instructor Rebeca Grieco and other students for a couple of hours of practice, fun and support. Bring any crochet project that you may be working on or just need a little help with. Or just come for the comradery. All experience levels welcome.

Instructor | R. Grieco
Tuition | $39
Tu | 3 sessions | 12:30–2:30PM
10/1 | NLC / Bldg. C - C106
10/29 | NLC / Bldg. C - C106
11/19 | NLC / Bldg. C - C106

SEWING 101 CFT115
Have you been intimidated by the idea of using a sewing machine? You’re not alone. It can be confusing and scary. Let us demystify these awesome power tools for you and you can tackle anything! This is a two-part class in which you will learn the following all the sewing essentials! Price of class includes fabric for your creation, thread and tools available in studio for your use. A limited amount of fabric is also available in studio or you may bring your own to suit your own personal style. Ages 8 & up welcome. Address: 9815 Culebra Rd, Suite 112, San Antonio, TX 78251, San Antonio, TX 78251.

Instructor | Abby’s Attic Sewing
Tuition | $99
Sa | 2 sessions | 10AM–12PM
9/14 | Abby’s Attic Studio
10/12 | Abby’s Attic Studio
11/9 | Abby’s Attic Studio
11/9 | Abby’s Attic Studio
12/7 | Abby’s Attic Studio

Instructor | Abby's Attic Sewing
Tuition | $99
Sa | 2 sessions | 10AM–12PM
9/14 | Abby’s Attic Studio
10/12 | Abby’s Attic Studio
11/9 | Abby’s Attic Studio
11/9 | Abby’s Attic Studio
12/7 | Abby’s Attic Studio

Instructor | Abby’s Attic Sewing
Tuition | $99
Sa | 2 sessions | 10AM–12PM
9/14 | Abby’s Attic Studio
10/12 | Abby’s Attic Studio
11/9 | Abby’s Attic Studio
11/9 | Abby’s Attic Studio
12/7 | Abby’s Attic Studio
SCIENCE & DISCOVERY

MEDICAL TERMINOLOGY (THE BASIC LANGUAGE) SND102
This class will give students the fundamentals of medical terminology—
including being able to identify and define
common medical prefixes, suffixes, and roots.
Students will be introduced to these word parts
and learn how they are used to create complex
medical terms. Students will learn how to
research, how to pronounce, and how to spell
medical terms. Students will learn how to clarify
between confusing terms and word parts that look
or sound alike as well as how to understand and
use medical abbreviations. They will be exposed
to a variety of medical resources that may be
used in a work environment. Must Purchase
book Basic Medical Language w/ Flash Cards,
visit https://evolve.elsevier.com/ and use code
70549 to receive discount and free shipping.

Instructor | Patricia Ireland
Tuition | $75
Tu/Th | 12 sessions | 6:30–8PM
10/1 | O'Connor HS - G114

WRITING

THE BEGINNING WRITER’S JOURNEY LIT106
Have you been thinking about writing a book, for
months, years, or even decades? Would you like
to finally begin? This class will get you started.
Find out what’s in your way. Discover the format
that best suits you or your business. Tap into the
key signposts you must have for each chapter.
Start your engines, ladies and gentlemen,
because we will begin the journey this very
evening. You will leave this class with an outline,
chapters, and character ideas. Instructor, Janice
Dean, author of THE WAY BACK HOME. A $10
cash materials fee is payable to the instructor
at the beginning of the class. Adults Only.

Instructor | J. Dean
Tuition | $25
W | 1 session | 6:30–9PM
10/23 | NLC / Bldg. C - C104

CREATIVE NON-FICTION WRITING LIT103
Write to publish! For those who want to write a
feature story for a newspaper or magazine, write
a book, or simply write a piece for their church
newsletter and don’t know where to begin, this
course is for you. Open to all non-fiction writers,
whether you’re a beginner or have been writing
for a while, this course combines weekly writing
assignments with in-class discussion. Topics
include grammar, sentence and paragraph
structure, writing an opening “hook”, find markets,
and how to submit your ideas for publication.

Instructor | T. Diaz
Tuition | $69
Th | 4 sessions | 6:30–8:30PM
10/31 | NLC / Bldg. C - C112

BUSINESS & TECHNOLOGY

ACCOUNTING MADE EASY PART I ACB101
Students will learn accounting by simplifying
accounting principles. In this course students
will go through the Accounting cycle. You
will create your own company and use real
accounting transactions as you open a business.
This class is designed for those who would like
to obtain a job in the accounting field, but lack
the knowledge to do so. Ismael Diaz will teach
everything you need to know to get a job in the
field of accounting using real world experience.
The textbook College Accounting, Chapters 1-26
will be used to teach the classes. The book
can be purchased on Amazon.Com for.
The textbook ISBN is 9780618824175. Please
enter the number into the search field and
it will bring up the book.

Instructor | I. Diaz
Tuition | $160
Tu/Th | 10 sessions | 9AM–12PM
10/22 | NLC / Bldg. C - C104

ACCOUNTING MADE EASY PART II ACB104
In the follow up to Accounting Made Easy,
students learn how to control cash and the
entire payroll process, including the necessary
forms to be filed: IRS, Federal, State and Sales
Tax. A class project will allow students to put
into practice these accounting principles. The
textbook College Accounting, Chapters 1-26
will be used to teach the classes. The book
can be purchased on Amazon.Com for.
The textbook ISBN is 9780618824175. Please
enter the number into the search field and
it will bring up the book.

Instructor | I. Diaz
Tuition | $69
Tu/Th | 10 sessions | 6–9PM
10/22 | NLC / Bldg. C - C104

QUICKBOOKS LEVEL I ACB102
Get going with Quickbooks. Learn how to set
up a company’s financials. Create your product
inventory and services and set up customers,
vendors and employees. Use Quickbooks
 invoicing process, bill payment, banking
features, and charts of accounts and registers to
manage all aspects of your business. Students
will need to purchase the textbook “Get Smart
With Quickbooks 2018”. For ordering store.
logicaloperations.com search for TLR0819S3

Instructor | R. Rodriguez
Tuition | $69
Tu | 1 session | 8:30AM–5PM
9/10 | NLC / Bldg. C - C113
12/3 | NLC / Bldg. C - C133
## QUICKBOOKS LEVEL II  ACB103
Keep going with Quickbooks by customizing your company’s forms and templates. Explore Quickbooks outstanding report features including the ability to create graphs that track your business. Learn to manage credit cards, assets, and liability accounts. Use Quickbooks as an easy method to track and pay sales tax and do your payroll. Students will need to purchase the textbook “Get Smart With Quickbooks 2018”. For ordering store. logicaloperations.com search for TLR0819S3

| Instructor | R. Rodriguez |
| Tu | 1 session | 8:30AM–5PM |
| 9/17 | NLC / Bldg. C - C111 |

| Tuition | $69 |
| 9/24 | NLC / Bldg. C - C111 |

## PHOTOSHOP I (BEGINNER)  ADB106
Learn to edit photos for professional and personal purpose. This is a beginners course that will teach the basics of the Photoshop program. The instructor has over 15 years of professional experience in advertising, graphic design, and web design industry.

| Instructor | S. Yim |
| Tuition | $45 |
| Tu | 1 session | 6–8PM |
| 9/24 | NLC / Bldg. C - C113 |

## PHOTOSHOP II (ADVANCED)  ADB107
Learn to edit photos for professional and personal purposes. This is an advanced course that will teach students the how to enhance, edit, and improve photography in a bear-professional setting. Prerequisite: Photoshop I or equivalent professional/academic experience. The instructor has over 15 years of professional experience in advertising, graphic design, and web design industry.

| Instructor | S. Yim |
| Tuition | $55 |
| Th | 1 session | 6–8PM |
| 10/3 | NLC / Bldg. C - C113 |

## INDESIGN I (BEGINNER)  ADB108
Learn the basic tools and functionality of InDesign, the graphic design industry’s standard design program. This is a beginners course that will introduce the students to the operation and application of InDesign as a program. The instructor has over 15 years of professional experience in advertising, graphic design, and web design industry.

| Instructor | S. Yim |
| Tuition | $55 |
| F | 1 session | 6–8PM |
| 10/18 | NLC / Bldg. C - C113 |

## BECOME YOUR OWN BOSS

### LET’S GET GROWING!

#### FOR CURRENT/FUTURE SMALL BUSINESS OWNERS  BOB112
This course is for current or future small business owners who want to create a solid Business identity and structural core built for sustainable growth. This course will take you through the process of creating a business that fits into your Life Plan, identifying Core Values, defining limits and non-negotiable items that relate to your Life Plan. This is the perfect course for anyone who either wants to start a business or who has been in business for a while and is struggling to find clarity or get centered. This course will give you the tools, skills, knowledge and information to get you growing!

| Instructor | Rachel Wolff |
| Tuition | $175 |
| W | 6 session | 6–8PM |
| 10/2 | NLC / Bldg. C - C104 |

## THE SECRETS OF TRAVEL HACKING: HOW TO EARN FREE FLIGHTS & HOTELS  BOB108
Learn how to earn hundreds of thousands of airline frequent flyer miles & hotel reward points without ever stepping foot on a plane or paying for a hotel. Become your own “Travel hacking” expert and learn how to earn reward points quickly & simply. Also learn tips for flying business & first class. You many never have to fly coach class again. A $15 cash material fee payable in class which includes the instructor’s 50-page book “The Secrets of Traveling Hacking - Free Air & Hotels” which retails for $29.95

| Instructor | G. Henry |
| Tuition | $39 |
| Tu | 1 session | 6–9PM |
| 10/29 | NEISD Learning Center |

## HOW TO USE YOUR SKILL & TALENT TO TRAVEL FREE  BOB104
If you are working a 9-5 job and want more time & money to travel or are one of the 75-million baby boomers retiring & pursuing their travel dream, this class will show you how to use your talent, skill & life experience to travel free. Instructor, Gina Henry teaches in 90 cities and offers over 200 ways to afford travel for those retired, nearing retirement, changing careers, students, or anyone who likes the idea of making additional income to support their travel dream. A $15 cash material fee payable in class which includes instructors 100-page book “How To Use Your Skill & Talent To Travel Free” which retails for $39.95

| Instructor | G. Henry |
| Tuition | $40 |
| M | 1 session | 6–9PM |
| 10/28 | NLC / Bldg. F - 101 |
BUSINESS SOLUTIONS & PROFESSIONAL DEVELOPMENT

REVIT ARCHITECTURE ADVANCED  CAD104
Continuation from Revit Architecture Basics class. This class provides some brief activities on the following items: Developing the interior of a two story office along with navigating within the 3D building model, managing and creating materials and develop spaces with walls, doors and windows while exploring Revit commands and workflows. Students should have taken Revit Architecture - Basics course and have a working knowledge of drafting, design, architectural design principles and experience with Microsoft® Windows® Vista or Microsoft® Windows® XP. CD Diskette and Manual will be $20 and paid to Instructor at the beginning of class.

Instructor | M. Castanares
Tuition | $79
Sa | 4 sessions | 9AM–12PM
9/14 | NLC / Bldg. C - C113
11/9 | NLC / Bldg. C - C113

AUTODESK AUTOCAD BASICS  CAD101
This course will provide the fundamentals of computer-aided design utilizing the latest AutoCAD software. Students will learn how to efficiently utilize the latest AutoCAD program for technical drawings in the architecture and engineering field. Presented in a series of brief demonstrations, students will be provided with weekly activities in class while working individually or in groups. This is not a programming course and no programming skills are required. CD Diskette and Manual will be $20 and paid to Instructor at the beginning of class.

Instructor | M. Castanares
Tuition | $79
Sa | 4 sessions | 9AM–12PM
9/14 | NLC / Bldg. C - C113
11/9 | NLC / Bldg. C - C113

CAD

REVIT ARCHITECTURE: BASICS  CAD103
This course will provide the fundamentals of Revit Architecture software. Students will be introduced to the concepts of building information modeling and the tools for parametric building design and documentation. Presented in a series of brief demonstrations, students will be provided with weekly activities in class along with working on a residential project towards the last class session. Students must have a working knowledge of drafting, design, architectural design principles and experience with Microsoft® Windows® Vista or Microsoft® Windows® XP. CD Diskette will be $20 and paid to Instructor at the beginning of class.

Instructor | M. Castanares
Tuition | $79
Sa | 4 sessions | 9AM–12PM
9/14 | NLC / Bldg. C - C113
11/9 | NLC / Bldg. C - C113

COMPUTER CLASSES FOR SENIORS

WINDOWS 10 BASICS  OFA126
Learn the essential tips and tricks for navigating in the Windows 10 operating system.

Instructor | R. Rodriguez
Tuition | $39
M | 2 sessions | 1–4PM
10/14 | NLC / Bldg. C - C111
12/2 | NLC / Bldg. C - C111
COMPUTER BASICS FOR SENIORS: LEVEL I  CSS101
A course specifically designed for people who are 55 years or older and want to enter the computer age. Learn the fundamentals of using a PC, mouse & keyboard, typing a document and saving to a CD. You will learn lots of computer terminology, how to identify items on your computer and the basics of windows 10. Don’t delay! The computer age awaits! A cash materials fee of $15 is payable to instructor at the beginning of class.

Instructor | R. Rodriguez
Tuition | $54
M/W | 6 sessions | 9AM—12PM
9/9 | NLC / Bldg. C - C111
M/W | 6 sessions | 1—4PM
10/28 | NLC / Bldg. C - C111

INSTRUCTOR BASICS FOR SENIORS CSS103
Learn the basics of what the Internet is, how it works, and what it can do for you. You will be guided step by step in learning about search engines (vehicles that assist you in obtaining information), web browsing and other key components in mastering the art of navigation of the World Wide Web. A $12 materials fee is payable to instructor at the beginning of class.

Instructor | R. Rodriguez
Tuition | $45
Tu | 2 sessions | 1—4PM
10/8 | NLC / Bldg. C - C111

EMAIL BASICS FOR SENIORS OFA117
A course specifically designed for people who are 55 years of age or older and want to learn the ins and outs of using email via the Internet. A $12 supply fee is payable to instructor at the beginning of class.

Prerequisite: Computer Basics for Seniors.
Instructor | R. Rodriguez
Tuition | $45
Tu | 2 sessions | 1—4PM
10/8 | NLC / Bldg. C - C111

INTERNET & SOCIAL MEDIA

BLOGGING BOOTCAMP: HOW TO START A BLOG (BEGINNER COURSE) ISM113
Starting a blog is so easy that you can do it in one class AND it's less expensive than you think! Even better news is that starting your own blog can be a life-changing thing. In this class, you will be walked through how to start a blog in four easy steps—get a domain name, get a host for your blog, install WordPress, and choose a theme. The remaining time will be devoted to stepping up your sponsorship relationships and affiliate sales, basic graphic design tips, and discussing future blogging trends. A personal laptop is required (other devices will not work) and attendees will need to purchase their domain name and hosting plans prior to the start of class (attendees will receive step-by-step instructions before the class).

Instructor | C. Stone
Tuition | $49
Sa | 1 session | 10AM—3PM
10/19 | NLC / Bldg. C - C104
ADMINISTRATIVE ASSISTANT PROFESSIONAL CERTIFICATE

PROGRAM JOB101

A shrinking and consolidating work force has increased demand for office professionals who are versed in all aspects of computer efficiency. Today’s professional office administrators need the skills to multi-task and are required to have expertise in many areas, so they can contribute as a dynamic member of the management team. Gain knowledge of business communication and corporate etiquette skills. Grow through personal development that will prepare you for your next career move. Use Microsoft Office: Word, Excel and Powerpoint programs with a focus on use in an office environment. In addition, you will create an effective resume and learn the skills to ace job interviews. This 24-hour course will assist you as you interface with other employees, your customers, your board, and senior management within your company. Learn the essentials that are vital in your position in today’s work environment. Prerequisite; Intro to Personal Computers I & II.

MONEY MANAGEMENT

CREATE YOUR ‘WHAT-IF’ PLAN MMG113

Could you pay all of the bills if your spouse, child, or parent dies or becomes ill? Would you know what is due and where important paperwork or passwords are located? Who would take care of you, your children, or pets during an illness or emergency? With a basic ‘WHAT-IF’ plan in place, you can feel more confident about your finances, health and medical decisions, and legacy plans. We will create a ‘WHAT-IF’ plan that starts with “What worries you most”? NOTE: This course is informational only and no products or services will be sold.

Instructor | D. Cox
Tuition | $40
Th | 1 session | 6:30–8:30PM
12/5 | NLC / Bldg. C - C104

EVERYTHING YOU WANTED TO KNOW ABOUT INVESTING BUT WERE AFRAID TO ASK BOB103

Ideal course for anyone who is new to investing or who is suddenly on their own and making investment decisions for the first time. At the end of this session you will have a roadmap to investing, a better understanding of investment choices such as Stocks, ETF’s, DRIps, Mutual funds and resources that will help give confidence to your future investment decisions. Participant materials will be provided. NOTE: This course is informational only and no products or services will be sold.

Instructor | R. Rodriguez
Tuition | $180
Tu/Th | 10 sessions | 6–9PM
9/24 | NLC / Bldg. C - C111

INVESTING TIPS FOR WOMEN

(FIND ONE) BOB101

Nine in 10 women will be the sole financial decision maker of their household at some point in their lives, according to research by Fidelity Investments. However, the findings also reveal many women are still less confident when it comes to investing, and routinely defer to their partners on important financial decisions. This course will teach you the three C’s to become a more confident and informed investor. Debra Cox has been trading and investing in the financial markets for 20+ years and is passionate about helping others become educated and self-directed about their finances and investments. This course is informational only and no products or services will be sold.

Instructor | D. Cox
Tuition | $25
W | 1 session | 6:30–8:30PM
9/25 | NLC / Bldg. C - C104

INVESTING TIPS FOR WOMEN

(PART TWO) BOB102

This course builds upon Investing Tips Part One to become a more confident and informed investor by reviewing products, investment plans and steps to manage a portfolio. Debra Cox has been investing in the financial markets for 20+ years and is passionate about helping others become educated and self-directed about their finances and investments. This course is informational only and no products or services will be sold.

Instructor | D. Cox
Tuition | $25
W | 1 session | 6:30–8:30PM
10/2 | NLC / Bldg. C - C112

MONEY WHEREABOUTS:

Budgeting, 50 Ways to Save and Family Safety Net MMG114

Buen Camino conversations are centered on Money Management, Savings and Building a Safety Net for your future. We will start with a fun, interactive activity, the goal is for you to visualize “where is your money going” and “how are you distributing/administrating your income”, you would be able to identify your needs versus your wants and how important it is to include savings in your budget to have a balance and stable finances. After this session, you would be invited to do the 2nd part of this session to review your activity and start finding ways you can start building your savings, how to better administrate and how important is to be protected for your future.

Instructor | Claudia Lopez
Tuition | FREE
F | 1 session | 10–11:30AM
9/27 | NLC / Bldg. C - C104
M | 1 session | 6:30–8PM
10/21 | NLC / Bldg. C - C112
FEDERAL CIVIL SERVICE BENEFITS  
CMH108
Do you have questions about your benefits as a Federal employee, but no one to talk to in order to get answers? This course educates civil servants on the intricacies of their benefits and how they change. It covers both the CSRS and FERS Pension, Federal Employee Group Life Insurance (FEGLI), Social Security and the Thrift Savings Plan (TSP). Answers to your questions and more will be provided. It’s never too early to be prepared and spouses are encouraged to attend.

Instructor | D. Lindberg
Tuition | FREE
Th | 1 session | 6:30—8:30PM
9/19 | O’Connor HS - G112
10/17 | NLC / Bldg. C - C113
11/14 | O’Connor HS - G112

GUIDE TO RETIREMENT PLANNING  
MMG102
You have worked a lifetime to achieve financial success. Learn how to properly set goals, calculate how much you’ll need to maintain your lifestyle as you define it throughout retirement. The retirement planning process is different than it was when you entered the workforce. You will receive a 230 page textbook covering all class topics. Most importantly, your instructors will explain why people run out of money in retirement and how you can plan to help make sure that it doesn’t happen to you. It is never too late to work toward financial peace of mind. Couples may attend together for only one registration fee. In order to receive discount, students must call 210-397-8100 (option 2) and register through our office.

Instructor | Financial Education Institute
Tuition | $75
M/W | 2 sessions | 6:30—9PM
11/4 | Brandeis HS - B145
Tu/Th | 2 sessions | 6:30—9PM
11/5 | O’Connor HS - G112

HOME OWNERSHIP MADE EASY/DOWN PAYMENT, CLOSING COST ASSISTANCE  
MMG104
LEARN WHAT IT TAKES TO BECOME A HOMEOWNER! Learn basic skills of the home-buying process explained by leading experts. It pays to have the proper knowledge and tools to understand the difference between Home Loans, Down Payment, Closing Cost Assistance and Credit Repair.

Instructor | B. Delacruz
Tuition | FREE
Sa | 1 session | 10AM—12PM
10/5 | NLC / Bldg. C - C112

HOW TO WIN SCHOLARSHIPS  
MMG101
Worried about how you or your child will pay for college? Afraid of drowning in a sea of student debt? Get empowered with the tips, tricks, insider information, inspiration, and know-how to afford the college of your choice and achieve your educational aspirations. There are billions of scholarship dollars out there for students with all types of interests, skills, and backgrounds. Learn how you can go to school debt free and even have extra cash to study abroad. Caleb Pendleton, a UTSA Business Management graduate and winner of more than $65,000 in scholarships and grants, will teach you the seven secrets to winning scholarships. You will get a proven step-by-step game plan that positions you to win big money for college regardless of your age, financial situation, or family background. As a previous scholarship applicant judge, he will also share with you insider tips and tricks that will make your application stand-out to judges. Learn the secrets for successfully finding, applying for, and winning big scholarship awards.

Instructor | C. Pendleton
Tuition | $45
W | 1 session | 6:30—8:45PM
10/9 | NLC / Bldg. C - C104
11/6 | NLC / Bldg. C - C104

OFFICE APPLICATIONS

ACCESS I: INTRODUCTION  
OFA111
Find out how easy it is to put this dynamic relational database management software to work for you. Learn the fundamentals of the Access user interface, along with database basics such as creating, saving, closing and opening an Access database. Learn how to create simple tables, with emphasis on understanding data types, field sizes and field properties. You will also learn how to create simple forms, select queries and reports from the tables you create.

Instructor | R. Rodriguez
Tuition | $39
M | 1 session | 1—4PM
9/16 | NLC / Bldg. C - C111
M | 1 session | 9—12PM
10/28 | NLC / Bldg. C - C111

ACCESS II: RELATIONSHIPS  
OFA112
Understanding relationships between objects in an Access database is vital. Learn how to develop and create relationships between tables and how to use these relationships to develop simple and complex queries.

Instructor | R. Rodriguez
Tuition | $39
Th | 1 session | 1—4PM
9/26 | NLC / Bldg. C - C111
W | 1 session | 9AM—12PM
11/6 | NLC / Bldg. C - C111
LOOKING FOR CUSTOMIZED BUSINESS SOLUTIONS AND TRAINING?

NISD Community Education offers customized business solutions and training. When a business is looking to train their employees on a particular class, they have the option to review the course objectives with the training provider before the content is delivered. Custom training provides an opportunity to remove, alter, or add any content to a particular course outline, as the business deems necessary. Custom training is also delivered in a way to mimic the organization’s actual work environment, and the content can even be branded with company logos and corporate color schemes.

CALL (210) 397-8100 TO DISCUSS OPTIONS FOR YOUR BUSINESS!
EXCEL IV- ADVANCED FORMULAS & FUNCTIONS OFA107

Review basic building-block functions and a few critical keyboard shortcuts that will speed up working with Excel data. Perform advanced searching and data retrieval with Lookup Functions, tabulate and sort data with counting and statistical functions, formulate data with text and math functions, and even work with financial data using advanced formulas.

Instructor | S. Ramirez
Tuition | $39
Sa | 1 session | 9AM—12PM
10/5 | NLC / Bldg. C - C111
M | 1 session | 1—4PM
10/7 | NLC / Bldg. C - C111
Sa | 1 session | 9AM—12PM
11/9 | NLC / Bldg. C - C111
M | 1 session | 9AM—12PM
12/9 | NLC / Bldg. C - C111

EXCEL PIVOT TABLES OFA101

Learn more advanced Excel Pivot table reports! Find out how to use the PMT Function, Create What-If Data Table, Solve a Problem with Goal Seek, Use Solver to Resolve Problems, Create Lookup Functions, Create PivotTables and PivotCharts, and Use the PivotTable Field List.

Instructor | S. Ramirez
Tuition | $39
Sa | 1 session | 9AM—12PM
10/12 | NLC / Bldg. C - C111
Tu | 1 session | 1—4PM
10/29 | NLC / Bldg. C - C111

POWERPOINT LEVEL I OFA103

Learn how to use Microsoft PowerPoint to create impressive slide presentations filled with formatted text, images, video, audio, animation, charts, and hyperlinks. Find out how to save your presentations so you can share them with others over the Web or on CDs.

Instructor | R. Rodriguez
Tuition | $39
Th | 1 session | 1—4PM
9/12 | NLC / Bldg. C - C111
Tu | 1 session | 9—12PM
10/29 | NLC / Bldg. C - C111

POWERPOINT LEVEL II OFA118

Learn how to add effects, features and charts in Microsoft PowerPoint to enhance your current presentations. Delve deeper into PowerPoint’s rich features by exploring many text options such as adding pictures and charts, using SmartArt, Custom Animations and adding sound/movie clips. We will also learn about slide masters, content slides and action buttons while creating a non-linear presentation.

Instructor | R. Rodriguez
Tuition | $39
M | 1 session | 1—4PM
9/23 | NLC / Bldg. C - C111
W | 1 session | 9AM—12PM
11/13 | NLC / Bldg. C - C111

POWERPOINT LEVEL III OFA125

Learn how to insert a Chart, Table, Graphic Art, movie in a slide show, use animation and develop a custom show. Insert speaker notes, develop handouts, rehearse slide shows and finally record your voice over the show.

Instructor | R. Rodriguez
Tuition | $39
W | 1 session | 1—4PM
10/2 | NLC / Bldg. C - C111
Tu | 1 session | 9AM—12PM
11/22 | NLC / Bldg. C - C111

PUBLISHER LEVEL I OFA115

Learn how to create and modify a pre-designed publication in MS Publisher. Walk away knowing how to make professional-looking newsletters, brochures, business cards, web sites and more.

Instructor | R. Rodriguez
Tuition | $39
M | 1 session | 9AM—12PM
10/21 | NLC / Bldg. C - C111
Tu | 1 session | 6—9PM
11/5 | NLC / Bldg. C - C111

PUBLISHER LEVEL II OFA120

Learn to create a document from scratch, draw shapes, work with borders, layer and group objects and create custom fonts and color schemes and finally modify business information.

Instructor | R. Rodriguez
Tuition | $39
Tu | 1 session | 9AM—12PM
11/5 | NLC / Bldg. C - C111

MAIL MERGE USING MICROSOFT WORD OFA109

Let us teach you the basics of mail merge. Find out how easy it is to use Mail Merge to create a new address list, and use merge fields.

Instructor | R. Rodriguez
Tuition | $39
Tu | 1 session | 1—4PM
10/29 | NLC / Bldg. C - C111

WORD LEVEL I OFA105

Learn how to add and edit text; move words from one part of your document to another; work on two or more documents simultaneously; change the size or appearance of text; change margins and tab settings; automatically center, right align, justify, and indent text; run the integrated grammar and spell check; use the thesaurus, and save, retrieve, copy, organize, and more.

Instructor | R. Rodriguez
Tuition | $39
M | 1 session | 1—4PM
9/9 | NLC / Bldg. C - C111
Instructor | M. Salazar
W | 1 session | 6—9PM
9/25 | NLC / Bldg. C - C111
Instructor | R. Rodriguez
Tu | 1 session | 6—9PM
11/5 | NLC / Bldg. C - C111

NISD Adult & Community Education Catalog | FALL 2019 | (210) 397 - 8100 | www.nisd.net/ace
WORD LEVEL II: BEYOND BASIC FORMATTING OFA108
From Headers and Footers to timesaving formatting techniques, this course brings a lot to the table. This course explains each of the following features: Creating Hyperlinks, Page Breaks, Indents and Spacing, Margins, Setting Tabs, Formatting Tables, Clip Art, Pictures and Shapes. Whether new to Word or wanting to learn new techniques, gain insight for increased productivity and professional-looking documents with Microsoft Word.

Instructor | R. Rodriguez
Tuition | $39
Th | 1 session | 1–4PM
9/19 | NLC / Bldg. C - C111
W | 1 session | 9AM–12PM
10/30 | NLC / Bldg. C - C111

WORD LEVEL III: COPY, CUT, PASTE & MORE ADVANCED FEATURES OFA119
Learn how to utilize the copy, cut and paste features, special paste feature and link data when sharing information between the following MS Office 2013 Applications (Word, Excel, and PowerPoint).

Instructor | R. Rodriguez
Tuition | $39
M | 1 session | 1–4PM
9/30 | NLC / Bldg. C - C113
M | 1 session | 9AM–12PM
11/18 | NLC / Bldg. C - C113

CLASSES EN ESPANOL
A DONDE VA TU | DINERO: PRESUPUESTO, 50 MANERAS DE AHORRAR AND PLAN DE PROTECCION FAMILIAR MMG115
Las conversaciones de Buen Camino conversaciones están centradas en Administración de Dinero, Ahorros y Construir un Plan de Protección para tu futuro. Empezaremos con una actividad practica e interactiva, la meta será el visualizar “a dónde va mi dinero” y “como estoy distribuyendo/administrando mis ingresos”, podrás identificar la diferencia entre necesidades y deseos y lo importante que es incluir el ahorro en tu plan financiero para tener finanzas estables y balanceadas.

Instructor | C. Lopez
Tuition | FREE
F | 1 session | 10–11:30AM
10/4 | NLC / Bldg. C - C106
11/8 | NLC / Bldg. C - C106

PROGRAMA DE EDUCACIÓN DE NUTRICIÓN AMPLIADO CMH116
El currículo es una manera gratuita, divertida e interactiva para enseñar a adultos a participar ellos mismos así como a sus familias a vivir un estilo de vida saludable. Se incluyen también demostraciones de cocina en vivo junto con recetas. Pequeña graduación incluye certificados de final de término con uso de toga y gorra para el evento, y otros incentivos?

Instructor | L. Ramirez
Tuition | FREE
W 8 sessions | 10–11:30AM
10/2 | NLC / Bldg. C - C112

PLAZA COMUNITARIA CENTRO DE ENSEÑANZA
El Distrito de Northside y El Consulado General de México a través del Instituto Nacional para la educación de los Adultos (INEA), ofrece oportunidades educativas para los padres de estudiantes en el programa bilingüe y otros adultos en la comunidad. Te invitamos a mejorar y elevar tu nivel educativo.

CURSO BÁSICO DE COMPUTACIÓN ($30)
LUNES Y MIERCOLES
DOS CLASES DISPONIBLES:
9AM-1PM O 5PM-9PM

CURSO AVANZADO DE COMPUTACIÓN ($30)
VIERNES
UNA CLASE DISPONIBLE:
9AM-1PM

CURSO DE ALFABETIZACIÓN (GRATIS)
¿QUIERES APRENDER A LEER Y ESCRIBIR? AQUÍ TE ENSEÑAMOS.

CURSO DE PRIMARIA (GRATIS)
¡VEN Y TERMINA TU PRIMARIA CON NOSOTROS! TE CERTIFICAMOS DESDE MÉXICO.

CURSO DE SECUNDARIA (GRATIS)
AUMENTA TUS CONOCIMIENTOS Y FACILITA TU CAMINO AL GED DESPUÉS DE TERMINAR LA SECUNDARIA ¡CERTIFICATE!

Para más información, llamar al TEL (210) 397-7563
NISD Adult & Community Ed. Edificio B, 6632 Bandera Rd.
Visita nuestro sitio: nisd.net/ace/centro

HEALTH & WELLNESS
BEAUTY
SKINCARE CLEANSING REGIMES (AGES 50+)
BEA102
No matter your age, the inevitable changes to your skin with each passing decade can take you by surprise. There’s no need to use pricey products or gadgets, learn how to cleanse, hydrate and apply budget friendly treatments that will keep you looking younger longer! A basic face cleanse/facial is given during lecture. Class materials list privided upon registration.

Instructor | R. Diaz
Tuition | $35
Sa | 1 session | 10–11:30AM
9/14 | NLC / Bldg. C - C112
10/12 | NLC / Bldg. C - C112
11/9 | NLC / Bldg. C - C112
EVERYDAY MAKEUP (AGES 50+)        BEA101
The secret to a beautiful face isn’t an expensive assembled makeup bag or complicated application techniques – it’s about using the right products to enhance your natural beauty. In this session, join Rose Diaz as she demonstrates new ideas on the application of everyday makeup and helps you develop a routine that doesn’t consume your morning. This class is friendly, informal, and interactive with plenty of hints and tips to take away with you. Class materials list provided upon registration.

LEARNING TO VALUE AND INCREASE SELF AWARENESS        HAW159
What is the benefit of self awareness? Today, many people suffer physically, socially and psychologically because of not knowing. Not knowing who they are, where they are going, and how to make fruitful productive decisions. The power of self understanding can be enormous! As a result, better decision making, better relationships choices and improved business solutions can result.

HEALTHY LIVING FOR YOUR BRAIN AND BODY: TIPS
FROM THE LATEST RESEARCH        CMH103
For centuries, we’ve known that the health of the brain and the body are connected. But now, science is able to provide insights into how to make lifestyle choices that may help you keep your brain and body healthy as you age. Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

COMMUNITY HEALTH

BACK TO THE PAST        HAW158
This class offers opportunities to understand the influence your past life has on your present life. Charting a course for recovery from childhood emotional and physical trauma is the goal. The past cannot be reconciled until you have the proper tools. Dr. Irv Loev will lead a seminar to help you see childhood influences and learn ways to reduce their effect. Often times we recreate these experiences and undergo similar pains and sadness.

MEDICARE 101 (AGES 64+)        CMH129
Are you eligible, or about to become eligible for Medicare, and are you confused about what Medicare is all about? This class will educate attendees about the Medicare program, and explain the differences between Medicare, Medicare Supplements (Medigap) and Medicare Advantage Plans. You will also learn when you can enroll, or make changes to your plan, as well as learn about the penalties that could be incurred if proper steps are not taken. Information provided will help you make an informed choice that best suits your healthcare and financial needs.

KNOW THE 10 SIGNS: EARLY DETECTION MATTERS. ALZHEIMER’S AND RELATED DEMENTIAS        CMH104
If you or someone you know is experiencing memory loss or behavioral changes, it’s time to learn the facts. Early detection of Alzheimer’s disease gives you a chance to begin drug therapy, enroll in clinical studies and plan for the future. This interactive workshop features moving video clips of people with Alzheimer’s disease encouraging early detection, early diagnosis and early intervention. Participants will be able to identify the 10 warning signs of Alzheimer’s disease, understand what is involved in getting a diagnosis, identify risks and understand the benefits of early detection.

THE BASICS: MEMORY LOSS, DEMENTIA AND ALZHEIMER’S DISEASE        CMH106
This workshop, presented by the Alzheimer’s Association, is for anyone who would like to know more about Alzheimer’s disease and related dementias. Alzheimer’s disease is not a normal part of aging. It is a progressive and fatal brain disease that is the most common form of dementia. The workshop’s information includes: Symptoms and effects of Alzheimer’s disease and other types of dementia, How Alzheimer’s affects the brain, Causes and risk factors, How to find out if it’s Alzheimer’s disease, The benefits of early detection, How to address a diagnosis of Alzheimer’s disease, Stages of the disease, Treatment, Hope for the future, & Ways the Alzheimer’s Association can help

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LEARN NEW SKILLS ONLINE AND CHANGE YOUR LIFE FOR THE BETTER
NISD Community Education now offers engaging online courses and certification programs. Each course comes equipped with a patient and caring instructor, lively discussions with your fellow students, and plenty of practical information that you can put to immediate use. You can take courses from the comfort of your home or office at the times that are most convenient to you. Call today to find out more! (210) 397-8100 (Option 2).
THE HOLIDAYS AND CAREGIVING: ALZHEIMER’S AND DEMENTIA CMH118

Holidays are a time for family togetherness and memories, but can also be a time filled with stress and sadness for the person with dementia and the caregiver. A person in the early stage of a dementia-related disease may experience a special sense of loss during the holidays because of the changes he or she is experiencing and the implications for the future. As the disease progresses, the physical changes at home, the shifts in usual routines and the increased activity and noises at this time of year can be upsetting and may lead to unusual behaviors or emotions. Caregivers may feel overwhelmed by caregiving responsibilities while continuing to maintain holiday traditions. This class will discuss the possible feelings of both the person with the disease, their caregiver, and tips for making the holidays easier.

Instructor | G. Funk
Tuition | FREE
M | 1 session | 6:30–8PM
12/2 | Brandeis HS - B143

EXPANDED FOOD AND NUTRITION EDUCATION PROGRAM CMH115

The curriculum is a free, fun, and interactive way to teach adults how to engage themselves as well as their families to live a healthy lifestyle. We also include live cooking demos along with recipes. The finale class will include a graduation ceremony. Caps & Gown will be provided and your will receive your certificate.

Instructor | L. Ramirez
Tuition | FREE
W 8 sessions | 10–11:30AM
10/2 | NLC / Bldg. C - C101

TEXAS MEDICARE 101 CMH111

You have some big decisions ahead of you when it comes to Medicare planning, but with so many choices, how do you know what option is best for you? Texas Medicare 101 will teach you the basics of what you need to know about Medicare in order to make the best decision available. You will start with the basics of part A and part B and then compare Medicare Advantage Plans with Medicare Supplement Insurance. Medicare Part D prescription drug plans and their importance will be discussed and information will be presented in a straightforward and simplified manner. Your instructor, P. Jordan Smith, Jr., FPQPM™, CLTC®, is a financial professional that specializes in Medicare planning, so sign up today in order to make an informed decision with regard to your healthcare.

Instructor | PJ Smith
Tuition | FREE
Th | 1 session | 6–7PM
9/12 | O’Connor HS - G112
Th | 1 session | 6–7PM
10/10 | O’Connor HS - G112
W | 1 session | 6–7PM
11/13 | Brandeis HS - B141
M | 1 session | 6–7PM
12/16 | Brandeis HS - B141

MIND & BODY

THE ART OF FACE READING HAW160

Explore the 3000+ year old art and science of Face Reading. In this FREE class, learn how to use face reading in your life for business, better communication with family, spouses, co-workers and customers and potential partners. For ages 18+.

Instructor | S. Hughes
Tuition | FREE
Sa | 1 session | 10–11AM
9/14 | NLC / Bldg. C - C106

GOLDEN PATH: FIND YOUR PURPOSE HAW152

When we are on our path, the Chinese call it “wu wei” which means “doing without doing”. In this class, learn how to find or rediscover your golden path. Uncover who you are, mine the talents and abilities within you, weave together your life experiences, and understand why you are here. Determine what you can manifest in the world. Program for ages 18+.

Instructor | S. Hughes
Tuition | $75
Sa | 1 session | 9AM–1PM
9/21 | NLC - Building B B101
12/14 | NLC - Building B B101

FACE READING FOR BUSINESS HAW161

Whether hiring manager or employee, this class teaches how to recognize how a person makes decisions, their strengths and challenges, as well as personality, character and their likely behavior. Explore the 3000+ year old art and science of Face Reading and learn how to use it for business.

Instructor | S. Hughes
Tuition | $80
Sa | 2 session | 10AM–12PM
10/19 | NLC - Building F / F101
PILATES FOR ALL HAW156
This is a barefoot work out that is fun for all! Pilates is very gentle on the joints but still accomplishes the goal of effectively working each main muscle group. Pilates will also strengthen the core and develop greater balance and proper posture. Half of the work-out is standing and the other half is a mat-based work out. Please bring a mat.

Instructor | H. Mc Grath
Tuition | $34
Sa | 4 sessions | 10–11AM
9/14 | NLC / Bldg. C - C101
Sa | 4 sessions | 10–11AM
10/26 | NLC / Bldg. C - C101

YOGA-LATES HAW137
Learn beginning yoga and mat based Pilates for relaxation, improved strength, balance, core work and flexibility. Some intermediate poses will also be taught so that previous students of yoga and Pilates can continue progressing. Individuals who need some modifications in their routine due to physical limitations are welcomed, too. Bring a yoga mat and join us for this fusion class of yoga and Pilates.

Instructor | M. Williams
Tuition | $49
Th | 6 session | 12:30–1:30PM
9/12 | NLC / Bldg. C - C101
M | 5 session* | 7:30–8:30PM
9/16 | NLC / Bldg. C - C101
M | 6 sessions | 7:30–8:30PM
10/21 | NLC / Bldg. C - C101
Th | 6 session | 12:30–1:30PM
10/24 | NLC / Bldg. C - C101

BASIC YOGA HAW103
Learn beginning yoga for relaxation and improved strength, balance, and flexibility. Some intermediate poses will also be taught so that previous students of yoga can continue progressing. Individuals who need some modifications in their routine due to physical limitations are welcomed too. Bring a yoga mat and step away from the world for a little while.

Instructor | M. Williams
Tuition | $49
Th | 6 session | 12:30–1:30PM
9/12 | NLC / Bldg. C - C101
M | 5 session* | 7:30–8:30PM
9/16 | NLC / Bldg. C - C101
M | 6 sessions | 7:30–8:30PM
10/21 | NLC / Bldg. C - C101
Th | 6 session | 12:30–1:30PM
10/24 | NLC / Bldg. C - C101

HOW TO CREATE AND ATTRACT YOUR LIFE SERIES: MANIFESTATION 101 HAW157
Learn how to use the Law of Attraction to its fullest potential to create the life you want! Attract more love, money, health, and the life of your dreams.

Instructor | S. Beatrice
Tuition | $30
W | 1 session | 6–9PM
10/16 | NLC / Bldg. C - C104
W | 1 session | 6–9PM
12/18 | NLC / Bldg. C - C104

TAI CHI FOUNDATIONS HAW132
This weekly class is designed primarily for complete beginners, but is also a streamlined way for experienced practitioners to practice the meditative movements of Tai Chi without the overhead of learning new long forms. Tai Chi Foundations focuses on loosening the joints, releasing tension, guided meditations, breathing, chi kung (qigong), and short segments of Tai Chi movements that can be learned and practiced in a single class. This will provide all the basic building blocks of a Tai Chi practice.

Instructor | R. Barrera
Tuition | $65
W | 6 session | 10–10:45AM
9/11 | Shaolin West | Shaolin West
Th | 6 session | 7:15–8PM
9/12 | Shaolin West | Shaolin West
W | 6 session | 10–10:45AM
11/6 | Shaolin West | Shaolin West
Th | 6 session | 7:15–8PM
11/7 | Shaolin West | Shaolin West
TRADITIONAL KOREAN MARTIAL ARTS TRAINING  SNF121
Tang Soo Do is an ancient martial art which originated 2,000 years ago in Korea. It is a method of empty-hand, and foot and weapon fighting, based on the scientific use of the body in self-defense. Most of all, this mysterious art is designed to develop individual character, mental strength, integrity, and respect for others. Uniform is not included, but can be purchased separately at class.

Instructor | P. West
Tuition | $60
Th | 6 session | 8:15–9:15PM
9/12 | Texas Tang Soo Do | Suite 25
Th | 6 session | 8:15–9:15PM
10/24 | Texas Tang Soo Do | Suite 25

ARTISAN BREAD ON DEMAND  KIT103
Learn an innovative method that allows you to have fresh baked, delicious bread and pizza dough available for baking on the spur of the moment! You’ll learn the method, make your own dough to take home, and sample some recipes made from the dough. Recipes and ideas included! A $10 supply fee is payable to the instructor in class.

Instructor | Karen Elswood
Tuition | $25
Tu | 1 session | 6:30–8:30PM
11/12 | O’Connor HS - G206

BASIC BAKING: APPETIZERS ARE SERVED  BAK120
Get ready for a great party or family gathering. Prepare stuffed mushrooms, Baked Brie with pecans, Biscuit Dough for shrimp puffs, Artichoke Baguettes, finally three different cheese logs. Bring containers to take your left over food home. A $15 cash material fee payable to instructor at the beginning of class.

Instructor | M. Villarreal
Tuition | $29
Sa | 1 session | 1–4PM
10/26 | NLC / Bldg. C - C103

PERFECT PIES  KIT174
Learn to make flaky pie crust like Grandma’s. You will learn about different types of pies and have a “ready-to-bake” pie to take home. A $12 supply fee is payable to the instructor in class includes supplies and recipes.

Instructor | M. Villarreal
Tuition | $29
Sa | 1 session | 9AM–12PM
9/21 | NLC / Bldg. C - C103

BASIC BAKING: EVERYTHING PUMPKIN  BAK119
Learn how easy it is to cook from scratch and make a pumpkin flan. Make the best pumpkin bread you have ever tasted. To round off the pumpkin session you will make a unique pumpkin cheesecake. Bring containers to take your left over food home. A $15 cash material fee payable to instructor at the beginning of class.

Instructor | M. Villarreal
Tuition | $29
Sa | 1 session | 1–4PM
10/26 | NLC / Bldg. C - C103

BASIC BAKING: MEXICAN COMFORT DESSERTS  BAK118
Learn how easy it is to cook from scratch and make a pumpkin flan. Make the best pumpkin bread you have ever tasted. To round off the pumpkin session you will make a unique pumpkin cheesecake. Bring containers to take your left over food home. A $15 cash material fee payable to instructor at the beginning of class.

Instructor | M. Villarreal
Tuition | $29
W | 1 session | 6–9PM
10/2 | NLC / Bldg. C - C103

COOKING

BREAKFAST IS SERVED SIRES: BELGIAN WAFFLES  KIT179
Learn to prepare Belgian Waffles from scratch and over easy or sunny side up eggs. Also learn to segment a grapefruit for a beautiful plate garnish and wash it down with a breakfast smoothie. Bring containers to take your left over food home. A $10 cash material fee payable to instructor at the beginning of class.

Instructor | M. Villarreal
Tuition | $29
Sa | 1 session | 8–10AM
11/16 | NLC / Bldg. C - C103

BREAKFAST IS SERVED SIRES: EGGS BENEDICT  KIT178
Learn to make poached eggs and hollandaise sauce, served with seasoned cubed potatoes. Learn to segment an orange for a beautiful plate garnish and wash it down with a breakfast smoothie. Bring containers to take your left over food home. A $10 cash material fee payable to instructor at the beginning of class.

Instructor | M. Villarreal
Tuition | $29
Sa | 1 session | 8–10AM
10/19 | NLC / Bldg. C - C103
CARNE GUISADA KIT173
Carne guisada is a San Antonio favorite in our local Tacqueria. It’s a cowboy beef stew meat with a Tex-Mex flavor. You will learn how to make both the beef guisada and the pork guisada, along with rice and beans. A $10 cash materials fee payable at beginning to class to instructor.

**Instructor | R. Torrez**
**Tuition | $30**
**Th | 1 session | 6–9PM**
**10/17 | NLC / Bldg. C - C103**

CHINESE CUISINE:
ALMOND CHICKEN KIT145
Chinese cuisine is comforting, flavorful, and often fairly simple to prepare. So why order takeout, when you can create a fabulous Asian meal that’s fresh and fulfilling? In this course, students will get experience learning to cook one of the cornerstones of Chinese cuisine, Almond Chicken. Generous tastings and water are provided during the class. Class tuition includes all materials. Please bring your apron and a pen and paper to take recipe notes.

**Instructor | J. Lee**
**Tuition | $55**
**F | 1 session | 6–8PM**
**11/15 | NLC / Bldg. C - C103**

CHINESE CUISINE:
CRAB RANGOONS & EGG DROP SOUP KIT150
Chinese cuisine is comforting, flavorful, and often fairly simple to prepare. So why order takeout, when you can create a fabulous Asian meal that’s fresh and fulfilling? In this course, students will get experience learning to cook one of the cornerstones of Chinese cuisine, Crab Rangoons and Egg Drop Soup. Generous tastings and water are provided during the class. Class tuition includes all materials. Please bring your apron and a pen and paper to take recipe notes.

**Instructor | J. Lee**
**Tuition | $55**
**F | 1 session | 6–8PM**
**12/13 | NLC / Bldg. C - C103**

CHINESE CUISINE:
KUNG PAO CHICKEN KIT143
Chinese cuisine is comforting, flavorful, and often fairly simple to prepare. So why order takeout, when you can create a fabulous Asian meal that’s fresh and fulfilling? In this course, students will get experience learning to cook one of the cornerstones of Chinese cuisine, Kung Pao Chicken. Generous tastings and water are provided during the class. Class tuition includes all materials. Please bring your apron and a pen and paper to take recipe notes.

**Instructor | J. Lee**
**Tuition | $55**
**F | 1 session | 6–8PM**
**11/15 | NLC / Bldg. C - C103**

CHINESE CUISINE:
WALNUT SHRIMP KIT172
Chinese cuisine is comforting, flavorful, and often fairly simple to prepare. So why order takeout, when you can create a fabulous Asian meal that’s fresh and fulfilling? In this course, students will get experience cooking one of the cornerstones of Chinese cuisine, Crispy Shrimp & Candied Walnuts. Generous tastings, water, and tea are provided during the class. Class tuition includes all materials. Please bring your apron and a pen and paper to take recipe notes.

**Instructor | J. Lee**
**Tuition | $65**
**F | 1 session | 6–8PM**
**10/25 | NLC / Bldg. C - C103**

DINNER IS SERVED:
TURKEY DINNER FOR BEGINNERS KIT142
Learn to clean, season and cook your turkey to perfection. Make delicious popular side items and dessert: Yams with Marshmallows, Green Bean Casserole, Dressing Buttermilk Biscuit and a Pumpkin Pie Be ready to impress your family and friends with your first holiday meal. All students must bring containers to take food home that was not eaten in class. A food fee of $20 is payable to the instructor.

**Instructor | M. Villarreal**
**Tuition | $29**
**Sa | 1 session | 1–4PM**
**11/9 | NLC / Bldg. C - C103**
SOULFUL SIDES:

BAKED MAC & CHEESE AND CANDIED YAMS  KIT176
The holidays are upon us...Learn how to make traditional soul food sides baked Mac & Cheese and perfect Candied Yams. You will impress your family and friends this season. Students will get hands on experience with making this southern classic. Bring your apron and appetite. A $12 cash supply fee is payable to instructor at the beginning of class.

   Instructor  |  Chandra Brown
   Tu  |  1 session  |  6:30—8:30PM
   12/10  |  O'Connor HS - G206

SOULFUL SIDES:

CORNBREAD DRESSING AND FRIED CABBAGE  KIT177
The holidays are upon us...Learn how to make traditional soul food sides Cornbread Dressing and Fried Cabbage. You will impress your family and friends this season. Students will get hands on experience with making this southern classic. Bring your apron and appetite. A $12 cash supply fee is payable to instructor at the beginning of class.

   Instructor  |  Chandra Brown
   W  |  1 session  |  6–9PM
   10/9  |  NLC / Bldg. C - C103
   Sa  |  1 session  |  1–4PM
   11/2  |  NLC / Bldg. C - C103

TAMALES  KIT123
Bring your family and friends and start your own holiday tradition! Master the art of making traditional tamales with this experienced teacher. Learn how to prepare the masa, the ‘guiso’ or stew, how to prepare the corn husks, and assemble your own brand of tamales. You’ll prepare both bean and pork tamales and get to take some home for the family. The $10 materials fee is payable to the instructor at the beginning of class. This class involves lots of preparation time, so please arrive promptly and ready to go!

   Instructor  |  R. Torrez
   Tu  |  4 sessions  |  10AM—12PM
   10/19  |  NLC / Bldg. C - C103

BRIDGE: BECOMING

A BETTER BIDDER  FUN116
The first class will introduce basic bidding principles and 3 conventional bids. Subsequent classes will feature lots of practice enriched by useful tips and insights.

   Instructor  |  E. Rawlinson
   No Class: 11/25
   M  |  4 sessions  |  10AM—12PM
   10/7  |  NLC / Bldg. C - C112

BRIDGE: BECOMING

A BETTER DEFENDER  FUN117
Learn how to make better leads, use the cards you play to send messages to your partner, and learn useful defensive principles.

   Instructor  |  E. Rawlinson
   M  |  3 sessions  |  10AM—12PM
   10/9  |  NLC / Bldg. C - C103

BRIDGE: IMPROVE YOUR DECLARER PLAY AT BRIDGE  FUN110
The first class will review the four “basic” methods of winning tricks and show how to develop a winning plan. Subsequent classes will provide hands-on practice and the sharing of more sophisticated techniques for players who want to move beyond the basics.

   Instructor  |  E. Rawlinson
   Sa  |  1 session  |  8:30AM—1PM
   12/7  |  NLC / Bldg. C - C103

OUTDOOR RECREATION

BIKE TOUR: 3 MISSIONS  REC 108
During this 4-hour moderately paced tour, you will ride along the beautiful San Antonio River and through 100-year-old Pecan forests and native riparian habitat. You will visit 3 historic missions; Mission Espada, Mission San Juan, and Mission San Jose. Along the way we stop and talk about a number of other historic sites including the 300-year-old Espada Dam, the Moor inspired Spanish Acacias and more. For ages 14+.

   Instructor  |  S. Neal
   Tuition  |  $65
   Sa  |  1 session  |  9AM—1PM
   9/21, 10/26, or 11/16  Mission Kayak

GUIDED KAYAK NATURE TOUR  REC107
Come and learn about all the wildlife that calls the San Antonio River home! This 2-mile trip takes 2 hours and is a gentle flatwater paddle. During the two hours, your guide will talk about all the wildlife. You will see many different species of turtles, numerous species of waterfowl, wading birds and birds of prey. Bring a waterproof camera to take your own wildlife photos. For ages 14+. One kayak per person and led by guide.

   Instructor  |  S. Neal
   Tuition  |  $60
   Su 1 session  |  8–10AM
   9/15, 10/20, or 11/3  Acequia Rec Area
**KING WILLIAM SOCIAL KAYAK TRIP**

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<td>Enjoy a wonderful guided kayak trip through the historic King William District! This event lasts 1 hour and is a great flatwater kayak trip that has amazing views of the downtown skyline &amp; old German style mansions. During this kayak tour, your guide will talk about the unique history of the King William District. One kayak per person and led by guide. A $10 cash materials fee is payable to instructor at the start of class.</td>
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**PETS & ANIMALS**

**A HAPPY & HEALTHY DOG**

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<td>Perfect Paws: Raising a Happy &amp; Healthy Dog</td>
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**DOG TRAINING FOR FUN & PROFIT**

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<td>Ever thought about becoming a dog trainer? In this course, you’ll learn exactly what you need to do, know, and have to either launch your own business or join a kennel or doggy daycare staff. Topics covered will include: Acquiring hands-on resources and experience; Nationally-recognized certifying organizations—what to look for; Modalities of training and deciding which one you will choose to embrace; Tips and suggestions for accurate record keeping; Appropriate safeguarding of client forms and records; Marketing materials and resources; Procuring business insurance, and more.</td>
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**INTRO TO BACKYARD CHICKENS**

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**SPORTS & FITNESS**

**R.I.P.P.E.D. RUMBLE**

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<td>Rumble incorporates the science of boxing and strength training utilizing high intensity intervals. Participants will use a Rumble stick which creates a higher degree of training enhancing spatial awareness and overall movement. Rumble stick provided for use during class.</td>
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GET TOTAL BODY TONED  SNF119
Get fit and join us for one hour of resistance and strength training to tighten and tone your muscles. All fitness levels are invited and no special skills are required. Just bring your desire to build some muscle, get fit and have fun!

Instructor  |  M. Williams
Tuition    |  $49
Tu |  6 sessions  |  11:30AM—12:30PM
  9/10  |  NLC / Bldg. C - C101
Th |  6 session  |  11:30AM—12:30PM
  9/12  |  NLC / Bldg. C - C101
Tu |  6 sessions  |  11:30AM—12:30PM
  10/22  |  NLC / Bldg. C - C101
Th |  6 session  |  11:30AM—12:30PM
  10/24  |  NLC / Bldg. C - C101

BELLYDANCE FITNESS 101  SNF109
Learn the beautiful and ancient art of basic classical and modern Egyptian belly dance movements and combining them into a fun cardio workout routine. The Bellydance Workout engages the mind, body and spirit. Previous dance experience is not necessary. You can dress however you like as long as it’s comfortable to workout in. Feel free to wear hip scarf/coin belt to accentuate your movements!

Instructor  |  SMASH Dance
Tuition    |  $25
M |  5 session  |  9—10AM
  9/9  |  SMASH Dance Studio
10/21  |  SMASH Dance Studio

ZUMBA  SNF107
Have fun while getting a workout with this music enthused dance fitness class that has you burning calories while learning new dance steps. This Class is for all dance fitness levels from beginners to seniors, wear your workout clothes, sneakers, and get ready to sweat to the beat in a non-intimidating atmosphere.

Instructor  |  M. Williams
Tuition    |  $49
Tu |  6 sessions  |  11:30AM—12:30PM
  9/10  |  NLC / Bldg. C - C101
Th |  6 session  |  11:30AM—12:30PM
  9/12  |  NLC / Bldg. C - C101
Tu |  6 sessions  |  11:30AM—12:30PM
  10/22  |  NLC / Bldg. C - C101
Th |  6 session  |  11:30AM—12:30PM
  10/24  |  NLC / Bldg. C - C101

AQUA FITNESS

MASTERS - SYNCHRONIZED SWIMMING (ADULTS)  SNF102
Synchronized Swimming class for adults with any swimming experience. This class is a great opportunity to improve endurance, flexibility and strength. May participate in water shows. Contact The Aquarelles Synchro Club for more info: 210-589-9207.

Instructor  |  G. Zabriskie
Tuition    |  $80
Sa |  6 sessions  |  12—2PM
  9/14  |  George Block Pool
              |  Tuition  |  $95
Sa |  7 sessions  |  12—2PM
  10/26  |  George Block Pool

TRAVEL

BUCKET LIST 101  TVL101
Dream big. This class will provide you with a potpourri of places to go, things to see and do, experiences to have, and adventures to live that will fill your bucket list to overflowing! Author, photographer, bucket list aficionado, and world traveler Tony Diaz shows you how to stop putting your dreams on hold and begin making a dent in that list of things you said you would do “someday.”

Instructor  |  T. Diaz
Tuition    |  $25
Th |  1 session  |  6:30—8:30PM
  12/5  |  NLC / Bldg. C - C112

DEEP WATER FITNESS W/THOMAS  AQA103
Deep Water Fitness combines similar low and moderate impact exercises but will require more core strength in a deep water pool for a workout that is energizing and invigorating. Make a splash while improving your cardiovascular fitness, strength and flexibility. Classes are led by an instructor in a pool with a depth of seven feet or more. An aqua belt, fins, and gloves is encouraged to be used in the class.

Instructor  |  T. Shipman
Various sessions available, call or visit us online!
Northside Swim Center

SCHULENBURG PAINTED CHURCHES TOUR  TVL112
Join us for a trip to explore the historic Painted Churches of Schulenburg. While these churches appear to be unassuming from the outside, as you enter the front door, prepare to have your breath taken away by the incredible beauty found within by the delicate artistry of 19th century Czech and German immigrants. Our tour will include churches in the Dubina, High Hill, Praha and Ammansville area. Our tour will last approximately 4 hours with a stop for a delicious buffet lunch that is included in the tuition.

Instructor  |  S. Howarth
Tuition    |  $60
Sa |  1 session  |  10AM—5:30PM
  9/14  |  NISD Sports Gym Parking Lot

BOERNE MARKET DAYS AND HILL COUNTRY WINE TASTING  TVL123
Please join us for a day of shopping and wine tasting. Our first stop will be Boerne Market Days located in the heart of the historical district on Main Plaza. Our next stop will be Newsom Vineyards Hill Country tasting room and Hill Country distillers where you will be able to sample Newsom vineyards offerings as well as specialty spirits from a unique boutique distillery. Our last stop will be Singing Water Vineyards in the beautiful Texas Hill Country near Comfort, Texas. Taste the current lineup of award-winning wines and sit and relax on one of their many decks or in their tree house in a beautiful outdoor setting.

Instructor  |  S. Howarth
Tuition    |  $69
Sa |  1 session  |  10AM—5:30PM
  9/14  |  NISD Sports Gym Parking Lot
SHOPPING TRIP TO OLD TOWN SPRING, TEXAS  
**TVL122**
Join us on this popular shopping trip for the holidays! The 39th Annual Old Town Spring Home for the Holidays festival features a spectacular display of twinkling holiday lights and entertainment. Take a stroll through the many quaint Victorian style homes converted into shops or stop a while and enjoy the music of the season. Mark your calendar and come discover a “Texas-style winter wonderland” this winter holiday season. The bus will depart promptly at 7AM and return at approximately 7:30PM. You may bring a picnic lunch, snacks or refreshments. No alcohol is permitted to be consumed on the bus.

Instructor | S. Kronenthal  
Tuition | $55
Sa | 1 session | 7AM—7:30PM  
12/7 | NISD Sports Gym Parking Lot

HOW TO PLAN A DISNEY VACATION  
**TVL119**
Ever dreamed of going to Disney World? But it seems so expensive and overwhelming! This course is designed to help you learn the ins and outs of planning a Disney vacation and how to budget. Learn how to plan your vacation so you get the best experience possible. Learn everything you need to know about rides, how to maneuver the parks, dining, fast passes, and more. Don’t miss this opportunity to learn everything you need to know about planning a Disney vacation!

Instructor | J. Kite  
Tuition | $25
Sa | 1 session | 10AM—12PM  
9/21 | NLC / Bldg, C - C106  
11/2 | NLC / Bldg, C - C106

HILL COUNTRY VODKA AND BREWS TOUR  
**TVL121**
Join us as we visit a famous distillery and two popular breweries in Dripping Springs, TX. Deep Eddy Distillery draws inspiration from Austin, TX, to bring people together for great times and enjoy the flavors the Hill Country has to offer. You will enjoy a flight of their award-winning vodkas in their beautiful tasting room or relax outside on the patio. Then on to the breweries. Suds Monkey is a nano-brewery where you will enjoy a flight of beers proudly made by a dedicated brewer with a passion for the craft. This brewery features a casual warehouse tap room with a friendly atmosphere. A tour of the brewery is included. A few minutes away is Twisted X Brewery, which offers up an array of fine small-batch craft beers. They take great pride in sourcing the finest ingredients and pay attention to detail in every batch produced. You can enjoy two full beers or a flight of traditional brews or creative, small batch flavors only available in their tasting room.

Instructor | S. Kronenthal  
Tuition | $69
Sa | 1 session | 9AM—6PM  
11/9 | NISD Sports Gym Parking Lot

COLLETTE VACATIONS: EXPLORE TUSCANY TOUR  
**TVL120**
Join us for a free informational session about Collette’s Explore Tuscany Tour. Step to the front of the line to see Michelangelo’s famous statue of David. See the Gothic Line, one of the Germans’ last lines of defense during WWII. Visit the Museum of Liberation and see WWII fortifications and bunkers. Stay in the famous spa resort town of Montecatini Terme for seven nights! Learn about Tuscan cuisine during a cooking class. This 9-day tour departs Thursday, March 14, 2020 and includes airfare, hotel accommodations, and ten meals. Trip cost is $2,949 (double) or $3,249 (single).

Instructor: M. Sprute  
Tuition: FREE  
Tu 1 session | 6:30—8:30PM  
9/24 | NLC - Bldg C / C112

COLLETTE VACATIONS: IMPERIAL RUSSIA TOUR  
**TVL125**
Join us for a free informational session about Collette’s Imperial Russia Tour. Navigate Russia’s bustling capital like a local when you travel via the stunning Moscow Metro system. Ride through the historic streets of St. Petersburg in a vintage Soviet car. Join a local expert for an in-depth conversation on life behind the Iron Curtain. Get a true taste of local culture during an immersive walking food tour where you’ll learn about Russian culinary traditions. Explore the heart of Moscow with a guide as you take in the Kremlin and Armoury Museum. This 9-day tour departs Thursday, July 16, 2020 and includes airfare, hotel accommodations, and eleven meals. Trip cost is $3,949 (double) or $4,649 (single).

Instructor: M. Sprute  
Tuition: FREE  
Tu 1 session | 6:30—8:30PM  
11/5 | NLC - Bldg C / C112

INTERESTED IN TEACHING?

We are always looking for experienced instructors and new course ideas. Our instructors come from varied backgrounds, from Northside teachers to business leaders, and all share one characteristic: a passion for sharing their area of interest.

If you have an idea for a class, please visit our website and submit a proposal detailing the course you would like to teach and what makes you the perfect person to teach it. Our coordinators review all applications based on our program needs and student requests.

We plan four to five months in advance for our semesters, and work to select seasonally-appropriate classes. If your proposal fits a need, the coordinators will be in touch to further discuss your ideas.

https://nisd.net/ace/teach-class
POLICIES & PROCEDURES

1. GENERAL INFORMATION
Northside ISD Adult & Community Education offers non-credit classes to all members of the community for personal enrichment and professional development. You do not have to be a resident of Northside School District to take our classes.

2. ADULT CLASSES
Our classes are designed for attendees 16 years and older. Youth 15 years and under may enroll into a class with permission of the program coordinator and instructor. Enrolled youth must be accompanied by a paying adult in the same program. Children may not accompany adults to class and we do not provide child care.

3. YOUTH CLASSES
Please adhere to listed age requirements in program description. Unless designated as a “Parent & Me” class, parents will be expected to leave the classroom once class starts. All instructors are background checked and we adhere to strict safety policies. All youth camps and classes require completion of a Youth Waiver/Information Form to participate in programs. The form must be signed and submitted to registration office prior to class attendance. You may obtain a copy of the Youth Waiver/Information Form by visiting our office or by downloading at www.nisd.net/ace. Before participating in youth programs, parents and guardians should review the Parent Handbook also available in our office or by downloading at www.nisd.net/ace.

4. REGISTRATION
You may register for classes online, by phone, by mail or in person. All classes, including free classes, require pre-registration. Many classes fill up so register early to avoid disappointment. If space is available, registrations are taken until the first day of the class. Early registrations are encouraged to avoid class cancellations due to low enrollment. Registration for some cooking and crafting classes may close two business days before class time to allow instructors to purchase supplies for class.

5. FEES & PAY TYPES
Financial support for our program comes from class fees. Tuition fees are due at registration. Visa and Mastercard can be used to pay for class online, by phone, by mail and in person. We can also accept cash and check payments in our office. Returned Checks: A $25 fee will be charged for each returned check.

6. MATERIALS FEES
Some classes have a materials fee which is payable to the instructor in the first class.

MATERIAL FEES ARE EXACT CASH ONLY

This fee is noted in the class description and is in addition to the class fee paid upon registration. Some classes may require students to bring supplies; refer to class description.

7. REFUND POLICY
Refunds minus a $6 processing fee will be given if requested at least 2 business days before the day of the first class meeting. Local tours must be cancelled at least 5 business days before the event. After that time, no refunds can be given. Refund requests must be made by calling our office at 397-8100 (option 2). We cannot process refund requests by email. Instructors are not authorized to approve requests for refunds.

Refunds for payments made by credit card will be processed to same card used and may take 2-3 business days for processing. Refunds for cash and check payments will be made by check and will take 4 to 6 weeks for processing.

8. CANCELLATIONS
If we cancel a class, you will be offered the choice of an alternative class, electronic escrow (account credit), or full refund.

9. CONFIRMATION
If you provide an email address at registration, class confirmation will be emailed to you. A class reminder will be sent via email 24-48 hours prior to class, but students are expected to manage their class registrations and schedules.

10. CLASS LOCATIONS
We may change room assignments due to class size or requirements. Please refer to the Campus Supervisor, classroom signs (on or near door), or television monitor (NLC Campus only) for final room assignment.

11. WAITING LISTS
Waiting lists are available for classes that reach capacity. Should space become available, students will be contacted in order they appear on the list. Instructors are not authorized to approve requests for admittance to class if a waiting list is in place.

12. POLICIES
Northside Independent School District offers classes to the public for purpose of information, instruction, enlightenment, and example ONLY. Such classes are NOT to be construed as endorsement from the individual instructor, his/her company, or Northside School District. We urge all students to conduct their own research into subjects and courses of study.

We make no guarantees, expressed or implied, that classroom instruction will result in a specific gain. We cannot be held responsible for any loss, material or otherwise, incurred while following a teacher’s directions. We are not responsible for any personal property left in our buildings. Students take courses at their own risk. Neither the Northside ISD nor any of its instructors is liable for any injury you may sustain.

Every effort has been made to make this publication accurate as of the publication date; however, all policies, tuition/fees, instructors, and/or curriculum are subject to change at any time by appropriate action of instructors or administrators of this program. This publication is not intended to be a contract, explicit or implied.

ANY QUESTIONS ABOUT POLICIES OR PROGRAMS CAN BE ADDRESSED BY CALLING OUR OFFICE AT (210) 397-8100.

4 WAYS TO REGISTER!
ONLINE. PHONE. MAIL. VISIT.

Our offices are open Monday-Friday to assist you with registration, program related questions, and general inquiries. You can also reach us by phone during regular office hours.

OFFICE HOURS:
M-F 8AM - 5PM
6632 BANDERA ROAD - BUILDING C
SAN ANTONIO, TX 78238
BOARD OF TRUSTEES

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Deputy Superintendent for Curriculum and Instruction

DON SCHMIDT
Assistant Superintendent for Student, Family and Community Services

NORTHSIDE INDEPENDENT SCHOOL DISTRICT

ABOUT OUR PROGRAMS

COMMUNITY EDUCATION
(210) 397-8100
Since the establishment of the Community Education Department in 1984, Northside Independent School District has fostered the concept of lifelong learning for all members of our society. Dedicated to the idea that the school is the center of the community, our doors remain open during “non-traditional” hours to offer educational opportunities that will enrich the lives of people both personally and professionally.

LEARNING TREE
AFTER SCHOOL PROGRAM
(210) 397-8108
Learning doesn’t stop when the bell rings. The Learning Tree After School program provides a safe and positive environment for children while parents are still at work. Youth leaders engage students in enriching activities, homework help, and recreation. Enrichment activities are guided by Problem Based Learning principles. Lessons adhere to the same standards teachers use, The Texas Essential Knowledge and Skills (TEKS).

PLAZA COMUNITARIA
(210) 397-7563
In partnership with other district departments and the Mexican Consulate, Plaza Comunitaria provides basic education, technology literacy, financial literacy, and parenting education for those with limited English proficiency.

ADULT LITERACY & EDUCATION
(210) 397-8109
Adult Secondary Education classes include basic education and high school equivalency preparation classes focused on helping students obtain the knowledge and skills necessary for employment, self-sufficiency and high school equivalency completion.

ENGLISH AS A SECOND LANGUAGE (ESL)
(210) 397-8109
English as a Second Language (ESL) courses are designed to improve student’s ability to read, write, listen, and speak in English. Upon completion of the program, students have the option to transition into our high school equivalency program.

HIGH SCHOOL EQUIVALENCY TESTING CENTER
(210) 397-8109
GED® Testing is by appointment only at the GED® Testing Center. The General Educational Development Diploma, also called the High School Equivalency Certificate in Texas, provides proof of the completion of an alternative high school education.

DISTANCE LEARNING
(210) 397-8109
If a student has a schedule that’s constantly changing, they may want to inquire about our distance learning program. These sessions are available for both ESL and ASE classes, but are held primarily online using internet-based activities. Call us for more information!

We support Northside Independent School District’s mission by encouraging the community to strive for personal excellence and lifelong learning beyond the classroom.

ADULT & COMMUNITY EDUCATION

STAFF

VACANT
Director of Adult & Community Education

DAMIAN ABBOTT
Coordinator, Community Education

TIFFANY MORENO
Coordinator, Community Education

DOROTHY GONZALEZ
Bookkeeper

MCKENZIE RODRIGUEZ
Administrative Assistant

ESTHER SALAZAR
Administrative Assistant

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Coordinator, After School Programs

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