

2018-2019 Pre-K, ECC, PPCD Menu At a Glance

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Breakfast</u>	<u>Choice of 1</u> Bagel Bites OR <u>Choice of 2</u> Chicken Mini Blueberry Muffin	<u>Choice of 1</u> Ham and Cheese Croissant OR <u>Choice of 2</u> Sausage Biscuit	<u>Choice of 1</u> Breakfast Taco OR <u>Choice of 2</u> Chicken Mini Pancake	<u>Choice of 1</u> Frittata OR <u>Choice of 2</u> Sausage Fresh Baked Cinnamon Roll	<u>Choice of 1</u> Yogurt and Cereal OR <u>Choice of 2</u> Hardboiled Egg Cereal
	Hardboiled Egg and Variety of Low Sugar Cereal, fruit, juice and Milk offered daily				
<u>Lunch</u>	Teriyaki Chicken over Steamed Brown Rice Pizza Sticks Nic Lunch Kit	Chicken Pepperoni Pasta Bake Chicken Nuggets Yogurt Plate	Chili Cheese Bowl with Nacho Chips Grilled Chicken and Cheese Sandwich or Grilled Cheese Sandwich	<u>Limited Time Offer Entree</u> Chicken Sandwich Creamy Mac and Cheese	Fish Nuggets Pepperoni or Cheese Pizza Deli Sandwich
	Students may select 1 complete entrée and milk to accompany the vegetable and fruit of the day.				
WEEK 1: 8/27, 9/10, 9/24, 10/8, 10/22, 11/5, 11/26, 12/10, 1/7, 1/21, 2/4, 2/18, 3/4, 3/25, 4/8, 4/22, 5/6, 5/20, 6/3 <i>*Shaded numbers are holiday Mondays</i> Turkey Day-Week 1-November 8th & December 13th Only					
Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Breakfast</u>	<u>Choice of 1</u> Bagel Bites OR <u>Choice of 1 or 2</u> Chicken Mini Biscuit	<u>Choice of 1</u> Breakfast Sandwich OR <u>Choice of 1 or 2</u> Sausage Pancake	<u>Choice of 1</u> Breakfast Taco OR <u>Choice of 1 or 2</u> Chicken Mini French Toast Sticks	<u>Choice of 1</u> Yogurt with Whole Grain Oatmeal Bar OR <u>Choice of 1 or 2</u> Sausage Cereal	<u>Choice of 1</u> Chicken Mini and Banana Muffin OR <u>Choice of 1 or 2</u> Cereal Banana Muffin
	Hardboiled Egg and Variety of Low Sugar Cereal, fruit, juice and Milk offered daily				
<u>Lunch</u>	Sweet and Sour Chicken over Steamed Brown Rice Cheeseburger NIC Lunch Kit	Pasta and Meat Sauce Grilled Cheese	Cheese Enchiladas Chili Sauce Poppin' Chicken Farmer NIC Salad and Crackers	<u>Limited Time Offer</u> Top Your Spuds Cornbread Sliders	Steak Fingers Pepperoni Pizza Selfie Sliced Cheese Pizza Turkey Italian Wrap and Cheese Crackers
	Students may select 1 complete entrée and milk to accompany the vegetable and fruit of the day.				
WEEK 2: 9/3, 9/17, 10/1, 10/15, 10/29, 11/12, 12/3, 12/17, 1/14, 1/28, 2/11, 2/25, 3/18, 4/1, 4/15, 4/29, 5/13, 5/27 <i>*Shaded numbers are holiday Mondays</i>					

Contains Pork Vegetarian

This institution is an equal opportunity provider.