



NISD School Health Advisory Council
January 23, 2025
6:00pm-7:00pm

MEETING MINUTES

Opening:

The NISD School Health Advisory Council meeting was called to order at 6:01 pm on January 23, 2025 by John Carollo, NISD SHAC Parent Chair.

Present Members: Caitlin Bollier, John Carollo, Lillian Carollo, Lisa Delgado, Merry Garcia, David Halbert, Rita Garcia, Patricia Ramos, Kimberly Ridgley, William St. Charles, DeAnna Stansberry, Jamie Stavinoha, Risa Trevino, Tegan Brown, Joseph Carollo, Elizabeth Zamagni, Becca Smith, Aimee Metzger

Speakers:

- John Carollo–NISD SHAC Parent Chair
- Caitlin Bollier–Facilitator of NISD SHAC and Whole Child Department IST
- DeAnna Stansberry–Development Director of School Engagement (American Heart Association)

New Business:

- **Approval of October 24, 2024 Meeting Minutes**
 - The minutes were approved as read.
- **American Heart Association Heartsaver Presentation**
 - An overview of what the American Heart Association is and what the benefits of learning and knowing Hands-Only CPR are. The SHAC committee members were able to practice Hands-Only CPR using an inflatable CPR Manikin with compression clicker.
- **NISD SHAC Subcommittees**
 - The SHAC subcommittees (Local Wellness Policy, Physical Activity Fitness Planning, Cell Phone Use in the Classroom, School Behavior and Social Emotional Learning) members worked together to form goals, ideas, and objectives for the subcommittees. The SHAC subcommittees will recommend ways to improve the health and wellness of NISD.

Adjournment:

The NISD SHAC meeting was adjourned at 7:03 pm by Parent Chair, John Carollo.