# A NOTE FROM THE Murse NOVEMBER 2024

# Free Flu Shots

LAST OPPORTUNITY! Nov 9th - Dub Farris Athletic Complex 8400 N. Loop 1604

> Must register prior to event: <u>UniversityHealth.com/flu</u>

## Cold or Flu?

Scan the QR Code to learn the difference:



## **Growth & Devlopment**

#### Parents of 4th and 5th Grade

Growth and Development preview videos open Oct 14th-Nov 22nd

## nisd.tech/NorthsideHealth

Please copy and paste link onto internet browser in order to view.

Permission slips for 4th and 5th grade students to view the film will go home as soon as the school schedules the film for the campus.



# Immuzinations

#### November Mobile Immunization Bus

11/7- Reed Elementary School (9am-12pm)

11/19- Boone Elementary School (9am-12pm)

11/21- Neff Middle School (9am-12pm) 11/22- Clark High School (12:30pm-3:30pm)

#### \*Bring copy of vaccine records to your appointment\* Appointments required\* Call 210-358-7020 or healthyUexpress.com for more information

#### \*\*\*\*\*\*

<u>Shirley A. Schreiber School-Based</u> <u>Clinic at Jones Middle School |</u> <u>University Children's Health</u>

Shirley Schreiber accepts appointments for vaccinations. Private Pay & uninsured patients 18 years and younger accepted.

# Did You Know?

- Students must be fever free without medication for 24 hours before returning to school (Fever is considered 100.0 or above)
- Students with 3 vomiting or 3 loose stools within an hour should remain home for 24 hours or until symptoms are gone.
- Students should not carry any medications. This includes cough drops and over the counter medications.