

# Cougar Connection

## Upcoming Events:

October 9th Student Holiday	
October 10th 6th and 7th grade ELA CDB testing	
October 10th Band Booster Meeting	@ 6:00- Band Hall
October 11th 7th grade Academy and 8th grade ELA CDB testing	
October 14th Orchestra Rehearsal @ Jay HS	11:00-1:30
October 16th Orchestra Varsity Concert @ Jay HS	7:00
October 17th Choir Fall Concert	6:00 @ Café.
October 18th PSAT Testing—8th grade only	
October 21st MS All Region Choir Auditions @ Taft HS	8:00-5:00
October 24th Fall Band Showcase	6:00 @ Café.
October 27th Fall Ball (tickets must be purchased in advance)	4:30-6:30 @ Café.

## Cougar Athletics!

Football-4:30

Volleyball—5:00

October 11th and 12th  
vs. Pease MS

October 18th and 19th  
vs. Ross MS

October 25th and 26th  
vs. Luna MS

## A Note from the Principal....

Greetings Parents and Families of Anson Jones Middle School!

Time management is one of the most important study skills that students can learn. It will keep your teen from missing deadlines and appointments. It will help him or her stay up -to-date with their school work and use study time more effectively. It is a life-long skill that will lead to smoother transitions to high school and college.

### Create a master schedule

Your teen should create a master schedule by writing down everything they do on a calendar—homework, studying, activities, chores, etc. Having responsibili-

ties and activities listed in one place will give them a more accurate idea of how much time they actually have.

### Plan long-term assignments

When scheduling long-term assignments, show your teen how to work backwards from the due date and set deadlines along the way. If they have a history paper due in two weeks, they should look at the steps involved and determine how long each step will take.

### Cut down on time wasters

Cell phones, televisions and computers are typically the biggest offenders when it comes to wasting-

time. Do not ask your teen to give them up completely. But ask them to pay attention to the amount of time they spend with them.

### Take the 10-minute challenge

Homework and studying will seem less of a chore if your teen does a little work in advance. When your teen finds even 10 minutes of spare time, encourage them to:

- Skim the next chapter in a textbook.
- Complete one or two math problems.
- Learn three new vocabulary words for English.

Michella Wheat-Principal

## Counselors' Corner

Thank you to all the parents who came to our first Parent Cafecito. It was so great to see all of you! Our next Cafecito is scheduled for November 3, 2017, where CIS (Community In Schools) will be raffling off turkeys. Hope you can join us.



This month the Counselors will be going into classrooms to teach our students respect and how to handle student conflict using problem solving skills.

At the end of the month, we will be celebrating Red Ribbon Week, October 23rd-27th. Be on the look-

out for a week of fun activities. We will end our week with a Red Ribbon Rally. Students from the fine arts department will perform for our students. Parents are welcomed to attend.

Lastly, report cards will go home on Friday, October 13th.