

Cougar Connection

Upcoming Events:

February 5th-10th School Counseling Week	
February 7th 100th Day of School	
February 9th Valentine's Day Dance	4:30- 6:30
February 10th Orchestra Pre-UIL Concert (Varsity and JV only)	3:00 @ Jay HS
February 13th Elective Fair Night	5:30 @ Jones Café.
February 19th Presidents' Day (Student Holiday)	
February 23rd Black History Program	1st, 2nd, 3rd period
February 27th-28th Course selection for current 6th and 7th grade students	

A Note from the Principal....

Greetings Parents and Families of Anson Jones Middle School!

Middle school is a time of tremendous physical, emotional, social and intellectual growth. As you watch your child through these changes at breakneck speed and in no particular order, there are probably times when you ask yourself, "Who is this child?" At the same time, your child is also searching for his or her identity among all the challenges of adolescence and feeling somewhat "too cool" to look at his parents for guidance.

Your child's counselor is here to help. When you meet your child's teachers, make a point of getting to

know his or her counselor too. The counselor is an important member of your child's educational team. She is your child's advocate in school. She is there to support your child, promote a positive attitude and help make the middle school experience the best it can be. Here are ways counselors can help:

Academic guidance

The counselor's priority is to help your student see themselves as a capable student who can be academically successful. They will be able to help with:

- Academic advising.
- Decisions about elective choice.
- Setting goals.
- Study skills.

- Test-taking skills.

Social and Personal guidance

This is a time when many young people start to pull away from their parents. You used to be your child's best; now, they look to their peers, not only for acceptance, but also for guidance. To help students deal with social and emotional issues, the counselor can help with:

- Decision-making.
- Building self-confidence.
- Coping with tragedy.
- Conflict resolution..

Thank you!
Michella Wheat
Principal

Counselors' Corner

In the month of February, counselors will be visiting our feeder elementary schools to present to 5th grade students and start the transition process to Middle School. On Tuesday, February 13th, Jones will invite all parents of incoming 5th and current 6th and 7th graders to an



Elective Fair to help students and parents decide what electives they want for the following year. Jay High School will also be visiting 8th grade students to help register them and getting them prepared for high school. On February 27th and 28th, our 6th and 7th graders will be select-

ing their classes for the next year. Letters with your child's course selections will be sent home for any changes or corrections.

Thank you to all the parents who attended this month's parent cafecito. Our next one is scheduled for Friday, March 9th, please join us.

**Athletic
Calendar!**
**We love our
athletes at
AJMS!**