Secondary Physical Education  
Grading Practices and Procedures

As per SEC-01 Principles and Guidelines for Secondary Grading Practices and Procedures, grading in Secondary Physical Education will follow the Grading Policy outlined below. A minimum of two grades per week shall be recorded in the electronic grade book.

**Formative Grade – 50%**

Formative assessment occurs during the learning phase and provides feedback to the student and teacher. Examples of formative grades for Secondary Physical Education include:

**Performance/Participation**

- Performance/participation score reflecting preparation for class, active participation and observable effort.
- Written quizzes on terms such as cardiovascular, muscles, stretching of specific muscle groups, etc.
- Performance grade assessing sport skill acquisition such as form in tennis, golf, archery, dribbling, catching, etc.

As much as possible, multiple opportunities should be given for formative grades and they assist the teachers to determine if re-teaching is needed.

**Summative Grade – 50%**

Summative assessment should be given at the end of a learning phase or unit to document growth and mastery. Twenty-five percent of the summative grade should reflect psychomotor (skills) development and twenty-five percent should reflect cognitive assessment. More than one summative test should be given each six weeks to determine this grade. Examples of each include:

**Psychomotor Assessment**

- Volleyball Serving Test. Teachers should develop an appropriate rubric if not using a standard and reliable test used in Volleyball. Examples may include how many times the ball is served successfully including designated areas on the court.
- Archery Form Test. Teachers should develop a rubric for the correct form in shooting an arrow.

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- Lacrosse Catching Test. Teachers should develop an appropriate rubric if not using a standard and reliable test used in Lacrosse. Examples may include the distance a player can throw the ball using a Lacrosse stick.

Cognitive Assessment

- Multiple choice test on the rules of tennis.
- Matching test on terminology for the various systems including cardiovascular and strength development.
- Multiple choice test of fitness concepts and terminology.

Physical Fitness should be an integral part of the daily curriculum and not viewed as merely a test. Student participation and effort may be reflected on the student’s performance formative grade. Measuring the understanding physical fitness concepts may be reflected in the student’s summative grade. Teachers are encouraged to help foster the student’s awareness of the need for daily physical activity, as well as proper nutrition habits with exercise.