



August 27, 2018

Dear Parent/Guardian:

Northside Independent School District's Board of Trustees approved an abstinence-centered curriculum called *Choosing the Best Path*. *Choosing the Best Path* is a program designed to delay teen sexual activity and is taught to 8<sup>th</sup> grade students through the physical education and athletics classes over a five day period.

*Choosing the Best Path* was selected to be used with 8<sup>th</sup> grade students to assist them with the transition to high school. The specific learning areas are risks of teen sexual behavior, rewards of abstinence, healthy relationship education, peer pressure and refusal skills.

**This District recognizes that not all parents agree on how much information schools should provide related to human growth and development and sexuality. Therefore, if you do not wish for your student to participate in the *Choosing the Best Path* program, please send written notification to the campus physical education coordinator at your school, by October 26, 2018. If you do not notify the school regarding your wishes, he/she will be included in the five days of instruction.**

Two meetings will be held to give parents/guardians the opportunity to preview the materials used in the program and have any concerns addressed.

**Location**

**Date & Time**

Northside Activity Center  
7001 Culebra

Tuesday,  
October 9, 2018  
6:00 PM

Northside Activity Center  
7001 Culebra

Thursday,  
October 18, 2018  
6:00 PM

If you have any questions, please contact Danielle Leon, Health Education Instructional Support Teacher, at [danielle.leon@nisd.net](mailto:danielle.leon@nisd.net) or by phone at (210) 397-3567.

Sincerely,

Linda Seewald  
Director of Health and PE Department

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