

**Northside Independent School District
San Antonio, Texas 78238**

**Regular Meeting of the School Health Advisory Council
October 25, 2012
5900 Evers Rd.
6:30 PM**

Meeting Minutes

- Welcome – Dennis-Ann Strong, Linda Mora, Bryce Chatland
- Call Meeting to Order – Bryce Chatland, Chair
- Members Present: Rita Avendano, Bryce Chatland, Alice Fiedler, Jennifer Krueger, Suzanne Levan, Lydia Martinez, Michele Maxwell, Ruth Perez, Carol Pett, Rob Phelps, Christy Rupp, Rudy Sanchez, Shirley Schreiber, Kathy Shields, Donna Smith, Jeff Stivors, Dennis Ann Strong, Marina Tucker, Paul Tucker, Jeannie Von Stultz, Thomas Wherry

- Invocation and Pledge of Allegiance – Bryce Chatland & Rudy Sanchez

- Chair's Report
 - No meeting minutes to report
 - Elections were tabled and will most likely occur at the next SHAC meeting.
 - Introductions of new members
 - Dennis-Ann Strong – NISD/Advisor
 - Rita Avendano – Parent/Member
 - Ruth Perez – NISD/Advisor
 - Rob Phelps – Parent/Member
 - Donna Smith – Community/Advisor
 - Christina Carmona – Parent /Member (not present)
 - Ricardo Ponce – NISD/Advisor (not present)
 - Introductions of existing members
 - Report of 2nd Annual SHAC Taste Testing Survey
 - All menu items are doing extremely well
 - New member approval by Board on September 25, 2012
- Committee Chair's Report
 - Last year, committee activities were essentially postponed due to focus on pregnancy prevention curriculum
 - Human Sexuality Committee
 - Purchased new manuals for "Choosing the Best Path"
 - Classes have been implemented and will continue to be implemented
 - CBP is also working on becoming an "evidenced based" curriculum

- Presentation: Overview and update of Child Nutrition Services for 2012-2013 school year by Thomas Wherry, Child Nutrition Director
 - Showed YouTube video which highlights current frustrations regarding changes to nutrition requirements
 - Emphasized that such sentiments have not been the experience in NISD
 - Provided brochure re: NISD school lunch program
 - Noted current participation numbers
 - Highlighted NISD Child Nutrition website
 - Highlighted average daily meals
 - Described revenue streams/resources - \$48 million annual budget
 - Included performance indicators
 - Federal reimbursements – 54% of students qualify for free/reduced lunch program
 - Lunch meals - \$1.90 elementary, \$2.15 for secondary students, \$3.10 for teachers.
 - Explained menus/meal requirements. Included:
 - Breakfast menu component
 - Lunch menu component
 - Difference between last year and this year.
 - Must take one fruit or vegetable otherwise it is not reimbursable meal.
 - The reimbursement primarily pertains to free/reduced lunch.
 - Increased portions sizes and availability of fruit/vegetables
 - Provides milk alternatives
 - No peanut products are offered.
 - Menus
 - Provided formats for both elementary and secondary school menus
 - 3 entrees are offered each day at all elementary campuses
 - 4 entrees are offered each day at all middle school campuses
 - Conducted taste testing of all products
 - Provided photos of two weeks' worth of meals, as well as photos of the fruit and vegetable offerings
 - Described nutrition outreach efforts
 - Promotional posters have been in place for several years
 - Northside Nic performed before 8000 during the 2010-2011 school year.
- Unfinished Business
 - Elections for chair elect and parliamentarian tabled until next meeting
 - Obtained clarification regarding eligibility
 - A parent would be eligible for chair elect position, as long as they had a child enrolled in NISD at the time of their election.

- New Business
 - Chair encouraged members to bring forward any topics that could be relevant for SHAC
 - Especially encouraged parents to bring forward questions, comments, issues that they are aware

- Announcements
 - NEXT REGULARLY SCHEDULED MEETING ON NOVEMBER 8TH, 2012