

**Northside Independent School District
San Antonio, Texas 78238**

**Regular Meeting of the School Health Advisory Council
November 17, 2011 – Central Office Board Room
5900 Evers Road
6:30 PM**

Meeting Minutes

- I. **Call Meeting to Order – Suzanne Levan, Chair**
 - a. **Members Present:**
 - b. **Guest: Andrea Salazar, Community Outreach Specialist from SACADA (San Antonio Council on Alcohol and Drug Abuse)**
- II. **Invocation and Pledge of Allegiance – Bryce Chatland, Chair Elect**
- III. **Chair’s Report**
 - a. No additional news to report
- IV. **Presentation – Sexuality Education**
 - a. **Review of Sexuality Education Curriculum Organization – Rudy Sanchez**
 - a.i. Health Department identified a list of evidence-based programs for the subcommittee to review
 - a.ii. Divided the subcommittee into groups with even distribution of district staff, community partners, and parents
 - a.ii.1. Groups were assigned first round of evidence-based programs to review
 - a.ii.2. It was observed that some of the programs share similar activities
 - a.ii.3. Groups are conducting overall review and “filtering” of the curriculums
 - a.ii.4. Intent is to review all potential curriculums by the beginning of the year
 - b. **Texas vs. California Programs – Jeffery Stivors**
 - b.i. Referenced Express News article (provided to Council) which noted that California has demonstrated progress in preventing teen pregnancy whereas Texas (which was deemed similar to CA in teen pregnancy rates several years ago) has not demonstrated improvements
 - b.ii. Handouts were also provided regarding Texas and California laws outlining the components of sexual education
 - b.ii.1. California law prohibits abstinence-only education
 - b.iii. Jeffery Stivors spoke to Sharla Smith, California Department of Health

- b.iii.1. Majority of California uses “Positive Prevention” and “Positive Prevention +” which was developed by the Orange County Red Cross
- b.iii.2. Contact mentioned that the program includes implementation at the middle school level and has been supported and implemented in communities that are deemed conservative
- b.iii.3. Contact also mentioned that the Express-News also contacted them regarding the programs and outcomes in California

c. Consideration of Sensitive Topics – Linda Seewald

- c.i. Linda asked Council to explore/discuss elements of sexual education that may be deemed sensitive (i.e., are condoms discussed, at what age should discussions occur)
- c.ii. Sensitive topics include: demonstration of condom application, exploration of how to obtain contraception; and exploration of family planning options.
- c.iii. Council verbalized their thoughts regarding providing students with information regarding these sensitive topics
 - c.iii.1. Members verbalized their support of informing youth regarding the aforementioned topics
 - c.iii.2. Members verbalized the importance that such implementation needs to be based on empirical evidence and needs to be implemented with consideration of the cognitive skills of that age group.
 - c.iii.2.a. Members verbalized their initial preference for condom demonstration to occur in high school
 - c.iii.2.b. Members verbalized their initial support of discussion of condoms occurring at the middle school level
 - c.iii.2.c. However, in order to maintain the fidelity of the curriculum, age of implementation will, however, be determined based on the recommendations built within the curriculum
- c.iv. Members acknowledged that some parents may not be comfortable with their child being provided information regarding these sensitive topics
 - c.iv.1. Questions were posed regarding whether/how parents will be informed regarding the details of the curriculum
 - c.iv.2. Questions were posed regarding whether/how parents will be afforded the option to not have their child participate.
 - c.iv.3. Questions were posed regarding whether parents could request options regarding providing instruction in gender groups, small groups or even in an individual option
- c.v. Members were encouraged to contact Suzanne or Linda if they have comments

V. District Facilitator Report

- a. Step Out: Walk for Diabetes – November 5, 2011
 - a. Appears that NISD raised around \$90,000
- b. The Healthy School Communities Model: Aligning Health and Education in the School Setting

- a. This model considers why Coordinated School Health has not been implemented throughout campuses
- b. The National Association for Supervision and Curriculum Development published a review of this model has also created an assessment tool.
- c. NISD may recommend that a NISD campus pilot this effort
- c. Lunch with the Mayor sponsored by the Healthy Futures of Texas – November 29, 2011
 - a. Several SHAC members are planning on attending
 - b. Information regarding the outcomes will be provided at next meeting
- d. Texas School Health Association – January 27th and 28th, Austin, TX

VI. **Committee Chair s' Report**

- a. Health School Report – Dr. Jeannie Von Stultz
 - a.i. Committee will be tabled due to the intensive activities of the sex education curriculum
- b. Sexuality Education – Rudy Sanchez
 - b.i. Rudy asked committee members to remain after the SHAC to take care of administrative issues

VII. **Unfinished Business**

- a. N/A

VIII. **New Business**

a. **Jenna's Law notification**

- a.i. Jenna's law requires that schools provided information to school children regarding how to seek help if they are being sexually abused
- a.ii. Dr. Deborah Healy asked the SHAC to review a potential poster
- a.iii. Members provided feedback
 - a.iii.1. Some had questions regarding specific content of the poster
 - a.iii.2. It was also proposed that the help line be that of the district's hotline number
- a.iv. It was recommended that NISD develop a poster integrating the members' suggestions/language in order to better convey the message to NISD children.
- a.v. A motion was proposed regarding the recommendations.
 - a.v.1. SHAC members voted to support the recommendation

IX. **Members' and Advisors' Reports**

- a. N/A

X. **Announcements:**

- a. N/A