



Cook Together!



It may sound simple, but what our children most often crave from us is our time. Undivided, non-distracted, focused on them, time. One of my daughters favorite things to do is cook with her dad (I am a hazard in the kitchen, but I make a very good cheering section at the kitchen island while they tackle the recipe together). This particular Saturday our child really wanted to try making biscuits (your choice of recipe can be as simple or complicated as your patience and their attention span will allow for— remember the part they care about is enjoying being with you). So whether your inspiration is Julia Child, Pinterest, or the cookies in the frozen section at the grocery store— enjoy each other and have fun!



~A Northside ISD Military Wife

PS— The biscuits were GOOD!

