

STUDENT/ATHLETE SYMPTOM PROTOCOL AND COVID-19 POSITIVE REQUIREMENTS

Return to School/Athletics Requirements

If a Student / Athlete is experiencing symptoms of Covid-19 with NO exposure

✓ 10 day Isolation

If wanting to come back before the 10 day Isolation

- ✓ PCR Test negative or Alternative Diagnosis
- ✓ Resolving symptoms
- ✓ Must be fever free for 24-hrs without the use of medication

IF AN ATHLETE IS COVID POSITIVE, UIL GUIDANCE STATES THAT AN ATHLETE MUST BE EVALUATED BY A DOCTOR AND HAVE A NOTE STATING THE "ATHLETE IS CLEARED TO PARTICIPATE IN ATHLETICS WITH NO RESTRICTION AFTER HAVING COVID-19"

Symptoms of COVID-19

- Fever or chills
- Cough
- Shortness of breath/difficulty breathing
- Fatigue
- Muscle or body aches
- Nausea or vomiting
- Diarrhea
- Headache
- New loss of taste or smell
- Sore Throat
- Congestion or runny nose

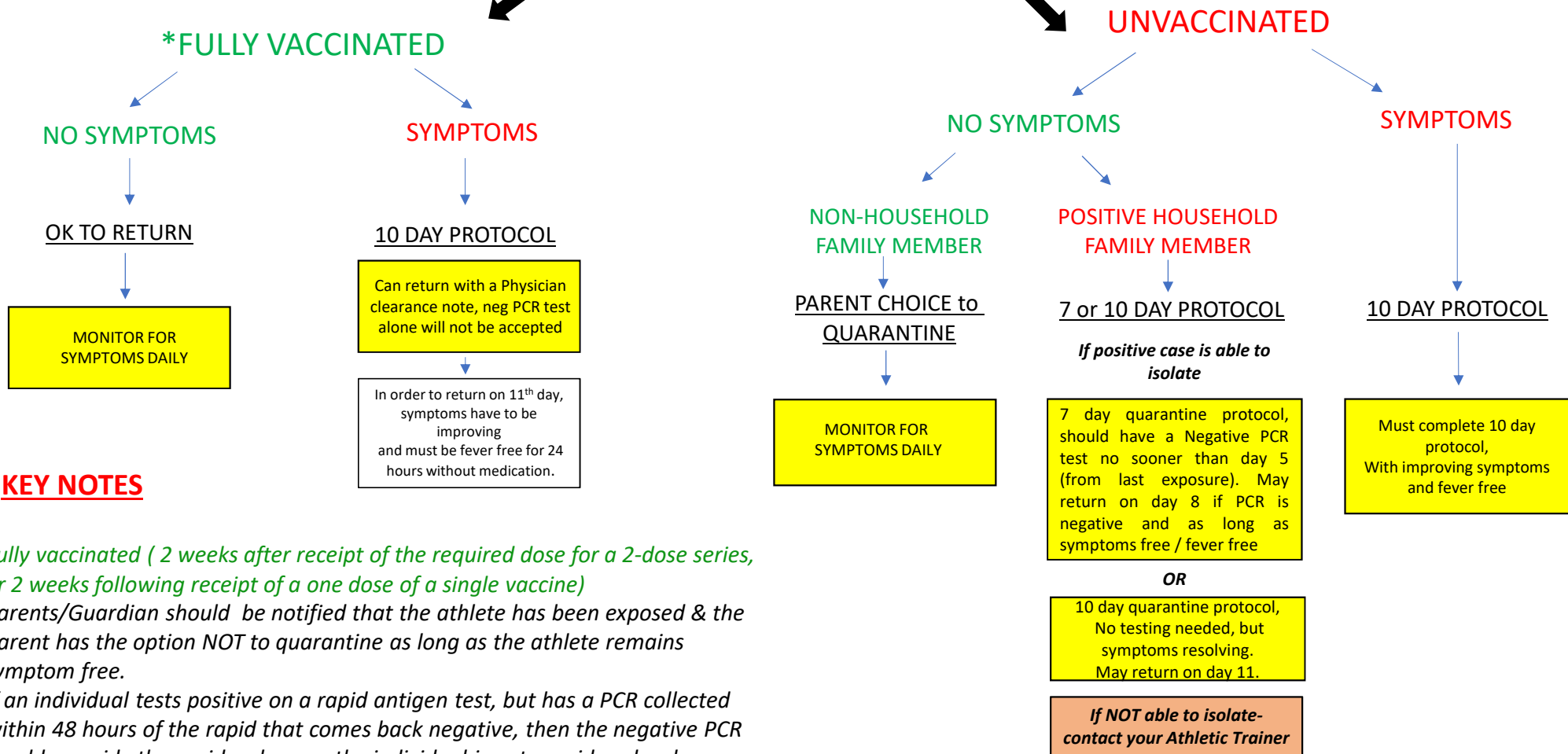
Key Notes

If an individual has symptoms, that day will count as day 0.

The next day that is a full 24hrs, will count as their day 1.

They will be in isolation through day 10, and may return on day 11 provided they are fever free with symptoms improving.

CLOSE CONTACT



KEY NOTES

- Fully vaccinated (2 weeks after receipt of the required dose for a 2-dose series, or 2 weeks following receipt of a one dose of a single vaccine)
- Parents/Guardian should be notified that the athlete has been exposed & the parent has the option NOT to quarantine as long as the athlete remains symptom free.
- If an individual tests positive on a rapid antigen test, but has a PCR collected within 48 hours of the rapid that comes back negative, then the negative PCR would override the rapid as long as the individual is not considered a close contact.