

GROUP COUNSELING PERMISSION

Since students experience a variety of concerns at different ages, Northside ISD offers school counseling services to all students. The purpose of school counseling is to assist the student in making maximum use of their educational experience.

While your student is assigned to NAHS, we would like to have them participate in a small counseling group one day a week during a class period. The purpose of the group is to present the following topics: self-confidence, decision-making skills, peer pressure resistance strategies, and social relationships. Students are selected for groups based on the offense that led to the assignment on this campus: PMB, Insubordination, Violence, or drug/alcohol. Drug/alcohol related groups involve a 12-step program with assessments offered to students by PDAP (Palmer Drug Abuse Program) counselors.

These groups are conducted according to the ethical standards of the counseling profession, the policies of the Northside ISD, and the laws of the state of Texas. Students who participate are encouraged to discuss their learning's, ideas and feelings with their parents/guardians. They are also encouraged to refrain from discussing matters that arise in the counseling sessions with persons other than their parents or guardians.

I do/do not give permission for my student to participate in small group counseling.

Yes _____ No _____

Student Name (please print) _____

Home Campus _____ Grade _____

Parent/Guardian Signature _____

Date _____

NOTE: COSA students will not be placed in group counseling.