



NISD School Health Advisory Council

January 27, 2022

6:00pm-7:00pm

MEETING MINUTES

Opening:

The NISD School Health Advisory Council meeting was called to order at 6:05 pm on January 27, 2021 via Zoom by Sarah Knoeckel, parent chair of SHAC.

Present Members: John Carollo, Richard Crabb, Aregelia Deneen, Sarah Knoeckel, Buck Russel, Caitlin Bollier, Danielle Leon, Kimberly Ridgley, Lisa Delgado, Carol Pett, David Halbert, Jennifer Krueger, Patricia Ramos, Kristen Solis, Risa Trevino, Thomas Wherry, Barbara White, Tori Parsons, Lana Beard Cortez, Diane Edwards, Rob Phelps, Daniel Walker, Keith Ruiz

Speakers:

- Sarah Knoeckel–NISD SHAC Parent Chair
- Caitlin Bollier–Co-Facilitator of NISD SHAC and Whole Child Development Instructional Specialist
- Danielle Leon–Co-Facilitator of NISD SHAC and Whole Child Development Instructional Support Teacher
- Dr. Kimberley Ridgley-Executive Director of NISD Whole Child Development Department

New Business:

- **State Adopted Health Education TEKS**
 - Caitlin explained what TEKS stands for and how the State Health TEKS Kinder-12th grade was last revised in 1998. In 2020, the State Board of Education approved updated Health TEKS K-12.
 - The updated TEKS focus on 6 strands: physical health & hygiene, mental health & wellness, healthy eating & physical activity, injury & violence prevention and safety, alcohol tobacco & other drugs, and reproductive and sexual health (grades 4 - high school).
- **Overview and Requirements of House Bill 1525 and Senate Bill 9**
 - Dr. Ridgley provided an overview of the new legislative changes of HB 1525 and SB 9 and how it affects SHAC. She explained the guidelines that Northside SHAC will follow to fulfill the requirements of HB1525 and SB 9.
- **SHAC Member Role and Responsibility in Textbook Adoption for Middle School and High School Health - *including the textbook supplement with Sexuality Education and Healthy Relationships (6th-12th grade)***
 - Danielle explained that the State Board of Education (SBOE) issued Proclamation 2022 at the April 2020 meeting to call for health and physical education instructional materials. The adoption of materials occurred in November 2021 and the adopted materials are scheduled to go into classrooms in the 2022–23 school year.
 - There is only one instructional material adopted by the SBOE. The publisher is Goodheart Wilcox and the instructional materials cover 100% of the Health TEKS.
 - The responsibility of SHAC is to provide recommendations to the Board of Trustees before the district's health education curriculum or instruction changes.
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- **NISD SHAC Subcommittees**
 - Sarah and Danielle directed SHAC members to join one of four subcommittees
 - The four committees will meet during regular SHAC meeting times and committee members will work together to investigate and recommend ways to improve the health and wellness of NISD.

Adjournment:

The NISD SHAC meeting was adjourned at 6:57 pm by Sarah Knoeckel.